

2011 Combined Medical Services Examination – Notification dt 11.09.2010

Examination Notice No. 01/2011-CMS dated 11.09.2010

F. 14/1/2010-E.I(B) : A combined examination for recruitment to the services and posts mentioned in para 2 below will be conducted by the Union Public Service Commission on the **16th January, 2011** in accordance with the Rules published by the Ministry of Health & Family Welfare (Dept. of Health) in the Gazette of India dated the **11th September, 2010**.

Centre of Examination : The Examination will be held at the following centres :

AGARTALA	GANGTOK	PANAJI (GOA)
AHMEDABAD	HYDERABAD	PATNA
AIZWAL	IMPHAL	PORT BLAIR
ALLAHABAD	ITANAGAR	RAIPUR
BANGALORE	JAIPUR	RANCHI
BAREILLY	JAMMU	SAMBALPUR
BHOPAL	JORHAT	SHILLONG
CHANDIGARH	KOCHI	SHIMLA
CHENNAI	KOHIMA	SRINAGAR
CUTTACK	KOLKATA	THIRUVANATHAPURAM
DEHRADUN	LUCKNOW	TIRUPATI
DELHI	MADURAI	UDAIPUR
DHARWAD	MUMBAI	UDAIPUR
DISPUR	NAGPUR	VISHAKHAPATNAM

The centres and the dates of holding the examination as mentioned above are liable to be changed at the discretion of the Commission. While every effort will be made to allot the candidates to the centres of their choice for examination, the Commission may, at their discretion allot a different centre to a candidate, when circumstances so warrant. Candidates admitted to the examination will be informed of the time table and place or places of examination.

Candidates should note that no request for change of centre will normally be granted. When a candidate, however, desires a change in centre from the one he had indicated in his application form for the Examination, he must send a letter addressed to the **Controller of Examination**, Union Public Service Commission, giving full justification as to why he desires a change in centre. Such requests will be considered on merits but requests received after the **10th November, 2010** will not be entertained under any circumstances.

2. (a) The Services/Posts to which recruitment is to be made and the approximate number of vacancies to be filled are given below :-

(i)	Assistant Divisional Medical Officer in the Railways.	250
(ii)	Assistant Divisional Medical Officer in Indian Ordnance Factories Health Service.	20
(iii)	Junior Scale Posts in Central Health Services.	100
(iv)	Medical Officers in the Municipal Corporation of Delhi.	13
(v)	General Duty Medical Officer in New Delhi Municipal Council	04

Note:

(i) **8 (Eight)** vacancies of Assistant Divisional Medical Officer in the Railways are reserved for Physically Challenged candidates, belonging to Locomotor Disability or Cerebral Palsy having functional classification OL, OA, BL. . The category and Functional classification not yet finalised.

(ii) **1 (One)** vacancy of Assistant Medical Officer in Indian Ordnance Factories Health Service is reserved for Physically challenged candidates belonging to Locomotor Disability having Functional Classification OA, OL.

(iii) **3 (Three)** vacancies of Junior Scale Posts in Central Health Services are reserved for Physically Challenged candidates belonging to Locomotor Disability having functional classification OL, OA or BL.

The number of vacancies is liable to alteration.

Reservation will be made for candidates belonging to Scheduled Castes, Scheduled Tribes, Other Backward Classes and Physically Disabled Categories in respect of vacancies as may be fixed by the Government.

(b) A candidate may apply for admission to the examination in respect of any one or more of the services/posts mentioned in para 2 (a) above. Candidates will be required to indicate preferences for services/posts at the appropriate time. If a candidate wishes to be admitted for more than one service/post he need send in only one application. He will be required to pay the fee mentioned in para 4 below once only and will not be required to pay separate fee for each of the services/posts for which he applies.

IMPORTANT

1. CANDIDATES TO ENSURE THEIR ELIGIBILITY FOR THE EXAMINATION:

The Candidates applying for the examination should ensure that they fulfill all eligibility condition for admission to examination. Their admission

to all the stages of the examination will be purely provisional subject to satisfying the prescribed eligibility conditions

Mere issue of admission certificate to the candidate will not imply that his/her candidature has been finally cleared by the Commission.

Commission take up verification of eligibility conditions with reference to original documents only after the candidate has qualified for interview/Personality Test.

2. HOW TO APPLY:

(a) Candidates who wish to apply **Online** can do so by using the link <http://www.upsconline.nic.in>. Detailed instructions for filling up online applications are available on the above mentioned website.

(b) Candidates are advised to read carefully the "Instructions for filling up the Offline Application Form" given in Appendix-2 (A) and Instructions for Online Applications given in Appendix 2 (B) of this notice.

(c) Candidates who wish to apply **Offline** must apply in the Common Application form devised by the Commission for its examinations, which can be purchased from the **designated Head Post Offices/Post Offices** (specified in Appendix III of the Notice) throughout the country against cash payment of **Rs. 20/- (Rupees Twenty only)**. Each such Form can be used only once and only for one examination.

In case of any difficulty in obtaining Application Forms from the designated HPOs/POs, the candidates should immediately contact the concerned post Master or UPSC's "FORMS SUPPLY MONITORING CELL" over Telephone No. 011-23389366/FAX No. 011-23387310.

3. LAST DATE FOR RECEIPT OF APPLICATIONS:

(a) **Online: The online Applications can be filled upto 11th October 2010 till 11.59 PM after which the link will be disabled.**

(b) **Offline:**

All offline applications must reach the "Controller of Examinations, Union Public Service Commission, Dholpur House, Shahjahan Road, New Delhi - 110069" either by hand or by Post/Speed Post or by Courier, on or before the **11th October 2010.**

Candidates should note that applications will be received by hand, only one at a time, at the designated counter(s) and not in bulk, till 5 PM

only.

However, in respect of candidates residing abroad or in certain remote localities specified in para 6 of this Notice the last date for receipt of application by Post/Speed Post only (not by Hand or by Courier) is **18th October 2010.**

4. PENALTY FOR WRONG ANSWER :

Candidates should note that there will be penalty (Negative Marking) for wrong answer marked by a candidate in the Objective Type Question Paper.

5. FACILITATION COUNTER FOR GUIDANCE OF CANDIDATES :

In case of any guidance/information/clarification regarding their applications, candidature etc. candidates can contact UPSC's Facilitation Counter near gate 'C' of its campus in person or over Telephone No. 011-23385271/011-23381125/011-23098543 on working days between 10.00 hrs and 17.00 hrs.

6. MOBILE PHONES BANNED :

(a) Mobile phones, pagers or any other communication devices are not allowed inside the premises where the examination is being conducted. Any infringement of these instructions shall entail disciplinary action including ban from future examinations.

(b) Candidates are advised in their own interest not to bring any of the banned items including mobile phones/pagers to the venue of the examination, as arrangement for safekeeping cannot be assured.

7. Candidates are advised not to bring any valuable/costly items to the Examination Halls, as safe keeping of the same cannot be assured. Commission will not be responsible for any loss in this regard.

Government strives to have a work force which reflects gender balance and women candidates are encouraged to apply.

CONDITIONS OF ELIGIBILITY :

(I) Nationality

A candidate must be either :

- (a) a Citizen of India, or
- (b) a subject of Nepal, or

- (c) a subject of Bhutan, or
- (d) a Tibetan refugee who came over to India before the 1st January, 1962 with the intention of permanently settling in India. or
- (e) a person of Indian origin who has migrated from Pakistan, Burma, Sri Lanka or East African Countries of Kenya, Uganda, the United Republic of Tanzania, Zambia, Malawi, Zaire and Ethiopia or from Vietnam with the intention of permanently settling in India.

Provided that a candidate belonging to categories (b), (c), (d) and (e) above shall be a person in whose favour a certificate of eligibility has been issued by the Government of India.

A candidate in whose case a certificate of eligibility is necessary, may be admitted to the examination but the offer of appointment may be given only after the necessary eligibility certificate has been issued to him by the Government of India.

(II) **Age Limit :**

- (a) A candidate for this examination must not have attained the age of 32 years as on **1st January, 2011**, i.e. the candidate must have been born not earlier than **2nd January, 1979**.
- (b) The upper age limit is relaxable as follows.
 - (i) Upto a maximum of five years if a candidate belongs to a Scheduled Caste or a Scheduled Tribe.
 - (ii) Upto a maximum of three years in the case of candidates belonging to Other Backward Classes who are eligible to avail of reservation applicable to such candidates.
 - (iii) Upto a maximum of five years if a candidate had ordinarily been domiciled in the State of Jammu & Kashmir during the period from the 1st January, 1980 to the 31st day of December, 1989.
 - (iv) Upto a maximum of three years in the case of Defence Services personnel disabled in operations during hostilities with any foreign country or in a disturbed area and released as a consequence thereof.
 - (v) Upto a maximum of five years in the case of Ex-servicemen including Commissioned Officers and ECOs/SSCOs who have rendered at least five years Military Service as on **1st January, 2011** and have been released (i) on completion of assignment (including those whose assignment is due to be completed within one year from **1st January, 2011**) otherwise than by way of dismissal or discharge on account of misconduct or inefficiency, or (ii) on account of physical disability attributable to Military Service or (iii) on invalidment.

- (vi) Upto a maximum of five years in the case of ECOs/SSCOs who have completed an initial period of assignment of 5 years Military Service as on **1st January, 2011** and whose assignment has been extended beyond 5 years and in whose case the Ministry of Defence issues a certificate that they can apply for civil employment and that they will be released on 3 months notice on selection from the date of receipt of offer of appointment.
- (vii) Upto a maximum of ten years in the case of blind, deaf-mute and Orthopaedically handicapped candidates.
- (viii) The ad-hoc Doctors appointed after 1.10.1984 in the Ministry of Railways will be granted relaxation in age to the extent of the period of service rendered by them as ad-hoc Doctors in Railways, in the light of the Supreme Court's orders dated the 24th September, 1987 on the Writ Petitions (Nos. 822, 875, 180 & 200 of 1987 with Nos. 370, 298 & 73 of 1987 with Nos. 1165, 1328, 1619, 1735, 1275, 1457, 1087, 1034, 1263, 1294, 1327, 1349, 1370, 1353, 1400, 1451, 1504, 1564, 1650 & 1609 of 1986 and with Nos. 845 of 1986) filed by some ad-hoc Doctors of the Railways. The ad-hoc Doctors claiming the relaxation in upper age limit under this provision should submit their applications for admission to the examination through the Ministry of Railways who will certify that the applicants are covered by the orders of the Supreme Court.

NOTE I-Candidates belonging to the Scheduled Castes, the Scheduled Tribes and the Other Backward Classes who are also covered under any other clauses of para 3(II) (b) above, viz. those coming under the category of Ex-servicemen, persons domiciled in the State of J & K, physically handicapped etc. will be eligible for grant of cumulative age-relaxation under both the categories.

NOTE II-The term ex-servicemen will apply to the persons who are defined as ex-servicemen in the Ex-servicemen (Re-employment in Civil Services and Posts) Rules, 1979, as amended from time to time.

NOTE III- The age concession under Para 3(II) (b)(v) and (vi) will not be admissible to Ex-servicemen and Commissioned Officers including ECOs/SSCOs, who are released on their own request.

NOTE IV: Notwithstanding the provision of age-relaxation under para 3 (II) (b) (vii) above, a physically handicapped candidate will be considered to be eligible for appointment only if he/she (after such physical examination as the on the Government or appointing authority, as the case may be, may prescribe) is found to satisfy the requirements of physical and medical standards for the concerned Services/posts to be allocated to the physically handi-capped candidates by the Government.

Save as provided above the Age-Limit prescribed can in no case be relaxed.

The date of birth accepted by the Commission is that entered in the Matriculation or Secondary School Leaving Certificate or in a certificate recognised by an Indian University as equivalent to Matriculation or in an extract from a Register of Matriculates maintained by a University which must be certified by the proper authority of the

University or in the Higher Secondary or an equivalent examination certificate. These certificates are required to be submitted only after the declaration of the result of the written part of the examination.

No other document relating to age like horo-scopes, affidavits, birth extracts from Municipal Corporation, service records and the like will be accepted. The expression Matriculation/Higher Secondary Examination Certificate in this part of the instruction includes the alternative certificate mentioned above.

NOTE : 1. Candidates should note that only the Date of Birth as recorded in the Matriculation/Higher Secondary Examination Certificate or an equivalent certificate as on the date of submission of applications will be accepted by the Commission and no subsequent request for its change will be considered or granted.

NOTE : 2. Candidates should also note that once a Date of Birth has been claimed by them and entered in the records of the Commission for the purpose of admission to an Examination, no change will be allowed subsequently (or at any other Examination of the Commission) on any ground what-soever.

NOTE 3 :- THE CANDIDATE SHOULD EXERCISE DUE CARE WHILE ENTERING THEIR DATE OF BIRTH IN COLUMN 8 OF THE APPLICATION FORM. IF ON VERIFICATION AT ANY SUBSEQUENT STAGE, ANY VARIATION IS FOUND IN THEIR DATE OF BIRTH FROM THE ONE ENTERED IN THEIR MATRICULATION OR EQUIVALENT EXAMINATION CERTIFICATE, DISCIPLINARY ACTION WILL BE TAKEN AGAINST THEM BY THE COMMISSION UNDER THE RULES.

(III) Educational Qualification :

For admission to the examination a candidate should have passed the written and practical parts of the final M.B.B.S. Examination.

NOTE-1: A candidate who has appeared or has yet to appear at the final M.B.B.S. Examination may also apply. Such candidates will be admitted to the examination if otherwise eligible but the admission would be deemed to be provisional and subject to cancellation, if they do not produce proof of having passed the written and practical part of the final M.B.B.S. Examination along with the detailed application which will be required to be submitted to the Commission by the candidates who qualify on the result of the written part of the examination.

NOTE-2 : A candidate who has yet to complete the compulsory rotating internship is educationally eligible for admission to the examination but on selection he will be appointed only after he has completed the compulsory rotating internship.

(IV) **Physical and Medical Standards:** Candidates must be physically and medically fit according to the physical/medical standards for the **Combined Medical Services Examination 2011** as per regulations contained in Appendix III to the Rules of the Examination.

APPENDIX-I

SCHEME OF EXAMINATION

The examination shall be conducted according to the following plan:-

Part-I WRITTEN EXAMINATION - (**500 marks**) – The candidates will take the written examination in two Papers, each Paper carrying a maximum of **250 marks**. Each Paper will be of **two hours** duration.

Part-II Personality Test carrying **100 marks** of such of the candidates who qualify on the results of the written examination.

(A) Written Examination: The components and syllabus of two Papers and the weightage to different components in the two papers are given below: -

Paper I (Code No. 1)		Maximum Marks : 250
(a)	General Ability	30 questions
(b)	General Medicine	70 questions
(c)	Paediatrics	20 questions
Total questions in Paper I = 120 (30 General Ability, 70 General Medicine and 20 Paediatrics)		

Syllabus of Paper –I

(a) General Ability

- (i) Indian Society, Heritage & Culture, Polity, Economy, Human Development Indices and the Development Programmes;
- (ii) Natural Resources, their distribution, exploitation, conservation and related issues;
- (iii) Basic concepts of Ecology and Environment and their impact on health and economy;
- (iv) Impact of changing demographic trends on health, environment and society;
- (v) Indian Agriculture, Industry, Trade, Transportation and Service Sectors;

- (vi) Natural and man made disasters and their management;
- (vii) Food adulteration, Food processing, food distribution, food storage and their relevance to public health;
- (viii) Recent trends in Science and Technology

(b) General Medicine (General Medicine including Cardiology, Neurology, Dermatology and Psychiatry)

- (i) Cardiology
- (ii) Respiratory diseases
- (iii) Gastro-intestinal
- (iv) Genito-Urinary
- (v) Neurology
- (vi) Hematology
- (vii) Endocrinology
- (viii) Metabolic disorders
- (ix) Infections/Communicable Diseases
 - a) Virus
 - b) Rickets
 - c) Bacterial
 - d) Spirochetal
 - e) Protozoan
 - f) Metazoan
 - g) Fungus
- (x) Nutrition/Growth
- (xi) Diseases of the skin (Dermatology)

- (xii) Musculoskeletal System
- (xiii) Psychiatry
- (xiv) General

(c) Paediatrics

Paper II (Code No. 2) : Maximum Marks : 250

- (a) Surgery** - 40 questions
- (b) Gynaecology & Obstetrics** - 40 questions
- (c) Preventive & Social Medicine** - 40 questions

Total questions in Paper II = 120 (40 Surgery, 40 Gynaecology & Obstetrics and 40 Preventive & Social Medicine)

Syllabus of Paper - II

(a) Surgery

(Surgery including ENT, Ophthalmology, Traumatology and Orthopaedics)

I General Surgery

- i) Wounds
- ii) Infections
- iii) Tumours
- iv) Lymphatic
- v) Blood vessels
- vi) Cysts/sinuses
- vii) Head and neck
- viii) Breast
- ix) Alimentary tract

- a) Oesophagus
 - b) Stomach
 - c) Intestines
 - d) Anus
 - e) Developmental

 - x) Liver, Bile, Pancreas
 - xi) Spleen
 - xii) Peritoneum
 - xiii) Abdominal wall
 - xiv) Abdominal injuries
- II Urological Surgery
 - III Neuro Surgery
 - IV Otorhinolaryngology E.N.T.
 - V Thoracic surgery
 - VI Orthopedic surgery
 - VII Ophthalmology
 - VIII Anesthesiology
 - IX Traumatology
- (b) GYNAECOLOGY & OBSTETRICS**
- I OBSTETRICS
 - i) Ante-natal conditions
 - ii) Intra-natal conditions
 - iii) Post-natal conditions

iv) Management of normal labours or complicated labour

II GYNAECOLOGY

i) Questions on applied anatomy

ii) Questions on applied physiology of menstruation and fertilization

iii) Questions on infections in genital tract

iv) Questions on neoplasma in the genital tract

v) Questions on displacement of the uterus

III FAMILY PLANNING

i) Conventional contraceptives

ii) U.D. and oral pills

iii) Operative procedure, sterilization and organization of programmes in the urban and rural surroundings

iv) Medical Termination of Pregnancy

(c) PREVENTIVE SOCIAL AND COMMUNITY MEDICINE

I Social and Community Medicine

II Concept of Health, Disease and Preventive Medicine

III Health Administration and Planning

IV General Epidemiology

V Demography and Health Statistics

VI Communicable Diseases

VII Environmental Health

VIII Nutrition and Health

IX Non-communicable diseases

- X Occupational Health
- XI Genetics and Health
- XII International Health
- XIII Medical Sociology and Health Education
- XIV Maternal and Child Health
- XV National Programmes

2. The written examination in both the papers will be completely of objective (Multiple choice answer) type. The question Papers (Test Booklets) will be set in English only.

3. Candidates must write the Papers in their own hand. In no circumstances will they be allowed the help of a scribe to write answers for them.

4. The Commission have discretion to fix qualifying marks in any or both the papers of the examination.

5. **Penalty for wrong answers**

There will be penalty (Negative Marking) for wrong answers marked by a candidate in the objective type question papers.

- (i) There are four alternatives for the answers to every question. For each question for which a wrong answer has been given by the candidate, **one third (0.33)** of the marks assigned to that question will be deducted as penalty.
- (ii) If a candidate gives more than one answer, it will be treated as a **wrong answer** even if one of the given answers happens to be correct and there will be same penalty as above for that question.
- (iii) If a question is left blank i.e. no answer is given by the candidate, there will be **no penalty** for that question.

6. Candidates are not permitted to use calculators for answering objective type papers. They should, therefore not bring the same inside the Examination Hall.

(B) PERSONALITY TEST - (100 marks) – Candidates who qualify in the written examination will be called for Interview/Personality Test to be conducted by the Union Public Service Commission. The Interview/Personality Test will carry 100 marks.

The interview for Personality Test will be intended to serve as a supplement to the written examination for testing the General Knowledge and ability of the candidates in the fields of their academic study and also in the nature of a personality test to assess

the candidate's intellectual curiosity, critical powers of assimilation, balance of judgment and alertness of mind, ability for social cohesion, integrity of character, initiative and capability for leadership.

Appendix-II(A)

Instructions/Guidelines for filling up the Offline Application Form

General Instructions

1. Candidates **who wish to apply Offline**, must use only the **form supplied with the information Brochure purchased from any of the designated Head Post Offices/Post Offices listed in Appendix III**. Form should be purchased from designated post offices only and not from any other agency. Candidates must use the form supplied with the Information Brochure only and they should in no case use photocopy/reproduction/ unauthorisedly printed copy of the Form. The form will NOT be supplied by the Commission's office.

2. The application form must be filled in by the candidates in their own hand. Since this form will be processed on computerised machines, candidates should exercise due care in handling and filling up the application form. They should use HB pencil only to darken the circles. For writing in the boxes, they should use blue or black pen.

Since the entries made by the candidates by darkening the circles will be taken into account while processing the applications on computerised machines, they should make these entries very carefully and accurately. Entries in the boxes are meant for confirmatory purposes and these should also, therefore, be made correctly. There should be no variation between the entries made by the candidates by darkening the circles and those written in the accompanying boxes.

Candidates should note that it is mandatory to fill both of these fields carefully so that there is no variation between the two entries.

In case of any variation between the entries made by the candidates in the boxes and accompanying circles the entries in the boxes will be treated as authentic and final.

3. Candidates should ensure that the signatures appended by them in all the places viz. in their application form, Attendance List etc. and in all the correspondence with the Commission, should be identical and there should be no variation of any kind. If any variation is found in the signature appended by him at different places, his candidature will be liable to be cancelled by the Commission.
4. No change in the entries made in original application form will be allowed under any circumstances.

5. The candidates are advised in their own interest to ensure that the applications reach the Commission's Office on or before the closing date. Applications received in the Commission's Office after the closing date will not be considered.
6. While filling in his application form, the candidate should carefully decide about his choice for the centre for the examination. More than one application from a candidate giving different centres will not be accepted in any case. Even if a candidate sends more than one completed application, the Commission will accept only one application at their discretion and the Commission's decision in the matter shall be final.
7. On the Acknowledgement Card, the candidates should write their application form No. (as printed below the bar code on the form) and the name of examination viz. **"Combined Medical Services Examination, 2011"**. They should also write clearly and legibly their mailing address on the Acknowledgement Card. A postage stamp of **Rs. 6/- (Rupees Six only)** should be affixed on the card. The Acknowledgement Card should not be stapled or pinned or tagged or pasted with the Application Form.

Eligibility Conditions (in brief)

- (i) Age limits : Candidates must not have attained the age of 32 years as on 1st January, **2011**, i.e. he/she must have been born not earlier than 2nd January, **1979**. (Upper age limit relaxable for SCs/STs, OBCs and certain other categories as specified in Para 3(II) of Notice).
- (ii) Educational Qualification : A pass in the written and practical parts of the final MBBS Examination. (Also please see Notes below Para 3(III) of Notice).
- (iii) Fee : Rs. 100/- (Rupees One hundred only) **for candidates applying through Common Application Form** (No fee for Females/SCs/STs/Physically Handicapped only). Ref. Para 4 of Notice.

Instructions to candidates for filling up the Application Form for the Combined Medical Services Examination, 2011.

Side 1 of Application Form

Column 1 : Examination for which applying

Darken the circle against "CMS", in the box pertaining to Name of examination, write CMS starting from the first box on the left. Also write **2011** in the boxes meant for year of examination. Candidates are advised to ensure that the name of Examination viz.

“CMS” is correctly written by them in the box. Any error in this regard may result in rejection of their application form.

Column 2 : Fee

If you have paid the requisite fee of **Rs. 100/- (Rupees one hundred)**, darken circle 1 and write 1 in the box; or

If you have not paid the fee and are claiming fee remission as Female, SC, ST or Physically Handicapped, darken circle 2 and write 2 in the box.

N.B. : Fee is payable only in the form of single Central Recruitment Fee Stamp as per instructions against column 12.

Column 3 : (I) Whether Physically Handicapped?

If you are not a physically handicapped person, darken circle 1 for No and write 1 in the box; or

If you are a physically handicapped person, darken circle 2 for yes and write 2 in the box.

(II) If yes, indicate category

Fill up this Column only if your answer to Column 3(I) is yes.

If you are Orthopaedically handicapped, darken circle 1 and write 1 in the box; or

If you are Blind, darken circle 2 and write 2 in the box; or

If you are Deaf-Mute, darken circle 3 and write 3 in the box.

Column 4 : Community

If you belong to SC, darken circle 1 and write 1 in the box; or

If you belong to ST, darken circle 2 and write 2 in the box; or

If you belong to OBC, darken circle 3 and write 3 in the box; or

If you belong to General Category (Others), darken circle 4 and write 4 in the box.

Note 1 : Candidates belonging to OBCs but coming in the Creamy Layer and thus not being entitled to OBC reservation should indicate their community as General Category Code No. 4".

Note 2 : Candidates belonging to neither SC, ST, nor OBC communities should write Code No. 4 (General Category) against the Column for Community and not leave it blank.

Note 3 : No change in the community status indicated by a candidate in his/her application form for the Examination will ordinarily be allowed by the Commission at a subsequent stage.

Column 5 : Sex

If you are Male, darken circle 1 and write 1 in the box; or

If you are Female, darken circle 2 and write 2 in the box;

Column 6 : Nationality

If you are an Indian national, darken circle 1 and write 1 in the box; or

If you are not an Indian national, darken circle 2 and write 2 in the box.

Column 7 : Name of the candidate

For filling up this column, first write in the boxes your full name (in English) in capital letters exactly as recorded in your Matriculation/High School/Secondary or equivalent examination certificate. Write a single letter in a box. Leave a box blank between any two parts of the name. Then darken the corresponding circle below each letter. Do not darken a circle below a blank box. Do not overshoot the boxes. Abbreviate name only if necessary. Do not use any prefix such as Shri, Km., Smt., Dr., etc. with your name.

Column 8 : Date of Birth

Darken the appropriate circles for the day, month and year of your birth as recorded in your Matriculation/High School/Secondary or equivalent examination certificate. Then write in the boxes using numerals 01 to 31 for day; numerals 01 to 12 for month and the last two digits for the year of birth.

Column 9 : Father's Name

Write your father's name (in English) in capital letters. Write a single letter in each box. Leave a box blank between any two parts of the name. Do not use any prefix such as Dr. Shri, etc.

Column 10 : Address

Write your complete mailing address including your name in English capital letters or Hindi within the box provided for the purpose. Also write the PIN Code therein. Write with blue or black ball pen only. Do not write outside the box. Please note that this address will be photocopied as such in all letters to be sent to you and therefore, it should be very clearly and legibly written. If you make any mistake in writing the address, cover the whole box with an exact sized white paper slip and rewrite your address on that.

Column 11 : Photograph

Paste firmly in the space provided your recent photograph of 4 cm. x 5 cm. size preferably in black and white. Do not staple the photograph. Photograph should neither be signed by you nor it should be got attested.

Column 12 : Space for CRF Stamp

Fee to be paid for the Combined Medical Services Examination is Rs. 100/- (Rupees One hundred only). Female, SC/ST and Physically Handicapped candidates are not required to pay any fee. No fee exemption is, however, available to OBC candidates and they are required to pay the prescribed full fee.

Fee is payable only through Central Recruitment Fee Stamp (Not postage stamp). No other mode of payment is acceptable. Obtain only one single CRF Stamp of Rs. 100/- denomination from the post office and paste it firmly within the box. After pasting the

CRF Stamp on the form, get it cancelled from the post office of purchase in the space provided. Do not staple the CRF Stamp.

Appendix II (B) Instructions to the Candidates for filling Online Applications

Candidates who wish to apply Online can do so by using the link <http://www.upsconline.nic.in/> Salient features of the system of On Line Application Form are given hereunder :

- Detailed instructions for filling up online applications are available on the above mentioned website.
- Candidates will be required to complete the On-line application form containing two stages viz. Part-I and Part-II as per the instructions available in the above mentioned site through drop down menus.
- The candidates applying Online are required to pay a reduced fee of Rs. 50/- (Rupees Fifty only) [excepting Female, SC, ST & Physically Handicapped candidates who are exempted from payment of fee] either by remitting the money in any branch of SBI by cash, or by using net banking facility of SBI or by using any Visa/Master Credit/ Debit Card.
- Before starting filling up of on-line application, a candidate must have his photograph and signature duly scanned in the **.png format** in such a manner that each file size should not exceed 40KB each.
- The Online applications (Part I and II) can be filled from **11th September 2010 to 11th October 2010 till 11.59 p.m.** after which link will be disabled.

APPENDIX III

List of Head Post Offices/Post Offices where UPSC application forms are available

Andhra Pradesh Circle : Hyderabad GPO, Hyderabad Jubilee, Kachiguda Stn., Khairatabad, Secunderabad, Trimulgherry, Adilabad, Anantapur, Arundelpet (Guntur), Chittoor, Cuddapah, Eluru, Kakinada, Karimnagar, Khammam, Kurnool, Machilipatnam, Mahboobnagar, Medak, Nalgonda, Nellore, Nizamabad, Ongole, Srikakulam, Vizianagaram, Vijayawada, Vikarabad, Visakhapatnam, Warangal.

Assam Circle : Guwahati, Barpeta, Dhubri, Dibrugarh, Diphu, Golaghat, Hailakandi, Jorhat, Karimganj, Kokrajhar, Mangaldoi, Nagaon, Nalbari, North Lakhimpur, Sibsagar, Silchar, Tezpur, Tinsukia.

Bihar Circle : Patna GPO, Bankipur, Arrah, Aurangabad, B. Deoghar, Bokaro Steel City, Banka, Battiah, Begusarai, Bhagalpur, Biharsharif, Buxar, Chaibasa, Chapra, Daltonganj,

Darbhanga, Dhanbad, Dumka, Gaya, Giridih, Gopalganj, Gumla, Hajipur, Hazaribagh, Jamshedpur, Katihar, Madhubani, Motihari, Munger, Muzaffarpur, Nawada, Purnea, Ranchi, Saharsa, Samastipur, Sasaram, Sitamarhi, Siwan.

Delhi Circle : Delhi GPO, New Delhi, Indra Prastha, Ramesh Nagar, Sarojini Nagar, Lodi Road, Krishna Nagar, Ashok Vihar, Parliament Street, UPSC PO.

Gujarat Circle : Gandhinagar, Ahmedabad, Amreli Anand, Bharuch, Bhavnagar, Bhuj, Dahod, Godhra, Himatnagar, Jamnagar, Junagadh, Kheda, Mehesana, Navrangpura, Navsari, Palanpur, Patan, Porbandar, Rajkot, Revdi Bazar, Surat, Surendranagar, Valsad, Vadodara.

Haryana Circle : Ambala GPO, Ambala City, Bahadurgarh, Bhiwani, Faridabad, Gurgaon, Hissar, Jind, Karnal, Kurukshetra, Narnaul, Panipat, Rohtak, Sirsa, Sonapat.

Himachal Pradesh Circle : Shimla, Bilaspur, Chamba, Hamirpur, Kangra, Keylong, Kulu, Mandi, Nahan, Recong, Peo, Solan, Una.

Jammu & Kashmir Circle : Srinagar, Anantnag, Baramulla, Jammu, Kathua, Leh, Rajouri, Udhampur.

Karnataka : Bangalore GPO, Bangalore City, Basavangudi, HAL II Stage, Jayanagar, R.T. Nagar, Bagalkot, Raichur, Rajajinagar, Belgaum, Bellary, Bidar, Bijapur, Chikmagalur, Chitradurga, Devengere, Dharwad, Gadag, Gulbarga, Hassan, Haveri, Karwar, Kolar, Madikere, Mandya, Mangalore, Manipal, Mysore, Nanjagud, Shimoga, Sirsi, Tumkur, Udupi.

Kerala Circle : Trivandrum, Alleppey (Alappuzha), Calicut, Cannanore, Ernakulam, Kalpetta, Kasargod, Kattappana, Kottayam, Malappuram, Palghat, Pathanamthitta, Quilon, Trichur, Kavaratti, (Lakshadweep).

Madhya Pradesh Circle : Bhopal GPO, Bilaspur, Ambikapur, Balaghat, Betul, Bhind, Chhatarpur, Chhindwara, Damoh, Dewas, Dhar, Durg, Guna, Hoshangabad, Indore, Jabalpur, Jagdalpur, Jhabua, Khandwa, Khargone, Lashkar, Mandla, Mandsaur, Morena, Narsinghpur, Neemuch, Raigarh, Raipur, Raisen, Rajgarh (Biora), Rajnandgaon, Ratlam, Rewa, Sagar Cantt., Satna, Sehore, Seoni, Shahdol, Shajapur, Shivpuri, Sidhi, Tikamgarh, Ujjain, Vidisha.

Maharashtra Circle : Mumbai GPO, Andheri, Borivili, Chembur, Chinehbunder, Dadar, Girgaon, Kalbadevi, Mahim, Mandvi, Mumbai Central, Ahmednagar, Akola, Alibag, Amravati, Aurangabad, Beed, Bhandara, Buldhana, Chandrapur, Dhule, Jalagaon, Jalna, Karad, Kolhapur, Latur, Nagpur GPO, Nanded, Nasik, Osmanbad, Parbhani, Pune, Ratnagiri, Sangli, Satara, Sawantwadi, Solapur, Thane, Wardha, Yeotmal, Margaon (Goa), Panaji (Goa).

North East Circle : Agartala, Aizwal, Dharmanagar, Imphal, Itanagar, Kohima, Radhakishorepur, Shillong, Tura.

Orissa Circle : Bhubaneswar GPO, Angul, Bolangir, Balasore, Bargarh, Baripada, Berhamapur, Bhadrak, Bhawanipatna, Cuttack GPO, Dhenkanal, Jagatsinghpur, Jaipur,

Jeypore (K), Jharsuguda, Kendrapara, Keonjargarh, Koraput, Nayagarh, Parlakhemundi, Phulbani, Puri, Rayagada, Sambalpur, Sundargarh.

Punjab Circle : Amritsar, Bhatinda, Faridkot, Ferozepur, Gurdaspur, Hoshiarpur, Jalandhar City, Kapurthala, Ludhiana, Moga, Patiala, Ropar, Sangrur, Chandigarh.

Rajasthan Circle : Jaipur GPO, Jawahar Nagar, Shastri Nagar, Ajmer, Alwar, Banswara, Baran, Barmer, Bharatpur, Bhilwara, Bikaner, Bundi, Chittorgarh, Churu, Dausa, Dholpur, Dungarpur, Hanumangarh, Hindaun, Jaisalmer, Jalore, Jhalawar, Jhunjhunu, Jodhpur, Kankroli, Kota, Nagaur, Pali Marwar, Sawaimadhopur, Shastri Circle Udaipur, Sikar, Sirohi, Sriganganagar, Tonk.

Tamil Nadu Circle : Chennai GPO, Anna Road, St. Thomas Mount, T. Nagar, Bodinayakanur, Chengalpattu, Chidambaram, Coimbatore, Cuddalore, Dharmapuri, Dindigul, Erode, Kanchipuram, Karur, Madurai, Nagapattinam, Nagercoil, Namakkal, Pudukottai, Ramanathapuram, Salem, Sivagangai, Tambaram, Thanjavur, Thiruvannamalai, Tiruchirapalli, Tirunelveli, Tiruvallur, Tiruvayur, Turaiyur, Tuticorin, Udhamandalam, Vellore, Villupuram, Virudhunagar, Puducherry.

Uttar Pradesh Circle : Lucknow, Lucknow Chowk, Agra, Akbarpur, Aligarh, Allahabad, Allahabad Katchery, Almora, Auraiya, Azamgarh, Bahraich, Ballia, Balrampur, Banda, Bansi, Barabanki, Bareilly, Basti, Bijnor, Budaun, Bulandshahr, Dehradun, Deoria, Dhampur, Etah, Etawah, Faizabad, Fatehgarh, Fatehpur, Firozabad, Ghaziabad, Ghazipur, Gonda, Gopeshwar, Gorakhpur, Haldwani, Hamirpur, Hardoi, Jaunpur, Jhansi, Kanpur, Kheri, Lalitpur, Mainpuri, Mathura, Mau, Meerut, Mirzapur, Moradabad, Muzaffarnagar, Nainital, Orai, Pauri, Pindrauna, Pilibhit, Pithoragarh, Pratapgarh, Rai Bareilly, Rampur, Roorkee, Saharanpur, Shahajahanpur, Sitapur, Sultanpur, Tehri, Unnao, Varanasi.

West Bengal Circle : Kolkata (Calcutta) GPO, Alipore, Barabazar, Belegghata, Belghoria, Cassipore, Park Street, Tollygunge, Balurghat, Bankura, Barasat, Berhampore, Burdwan, Chinsurah, Cooch Behar, Darjeeling, Howrah, Jalpaiguri, Krishnagar, Malda, Midnapore, Purulia, Suri, Siliguri, Port Blair (Andaman & Nicobar Islands), Gangtok (Sikkim).

Selected Field Post Offices :

- 1 Central Base Post Office (CBPO), 56 APO;
- 2 Central Base Post Office CBPO (99 APO)

Appendix IV

Special Instructions to Candidates for objective type tests

1. Articles permitted inside Examination Hall

Clip board or hard board (on which nothing is written), a good quality H.B. pencil for making responses on the Answer Sheet, eraser, pencil sharpener and a pen containing blue or black ink. Answer Sheet and sheet for rough work will be supplied by the Invigilator.

2. Articles not permitted inside Examination Hall

Do not bring into the Examination Hall any article other than those specified above, e.g., books, notes, loose sheets, electronic or any other type of calculators, mathematical and drawing instruments, Log Tables, stencils of maps, slide rules, Test Booklets and rough sheets pertaining to earlier session(s), etc.

Mobile phones, pagers or any other communication devices are not allowed inside the premises where the examination is being conducted. Any infringement of these instructions shall entail disciplinary action including ban from future examinations.

Candidates are advised in their own interest not to bring any of the banned items including mobile phones/pagers to the venue of the examination, as arrangement for safekeeping cannot be assured.

3. Penalty for Wrong Answer

THERE WILL BE PENALTY (NEGATIVE MARKING) FOR WRONG ANSWERS MARKED BY A CANDIDATE IN THE OBJECTIVE TYPE QUESTION PAPERS.

- (i) There are four alternatives for the answer to every question. For each question for which a wrong answer has been given by the candidate, **one third (0.33)** of the marks assigned to that question will be deducted as penalty.
- (ii) If a candidate gives more than one answer, it will be treated as a **wrong answer** even if one of the given answers happens to be correct and there will be same penalty as above for that question.
- (iii) If a question is left blank i.e. no answer is given by the candidate, there will be **no penalty** for that question.

4. Unfair means strictly prohibited

No candidates shall copy from the papers of any other candidate nor permit his papers to be copied nor give nor attempt to give nor obtain nor attempt to obtain irregular assistance of any description.

5. Conduct in Examination Hall

No candidates should misbehave in any manner or create disorderly scene in the Examination Hall or harass the staff employed by the Commission for the conduct of the examination. Any such misconduct will be severely penalised.

6. Answer Sheet particulars

(i) Write in ink or ball point pen your Centre and subject followed by test booklet series (in bracket), subject code and roll number at the appropriate space provided on the answer sheet at the top. Also encode (in pencil) your booklet series (A, B, C or D, as the case may be), subject code and roll number in the circles provided for the purpose in the answer sheet. The guidelines for writing the above particulars and for encoding the above particulars are given in Annexure. In case the booklet series is not printed on the test booklet or answer sheet is un-numbered, please report immediately to the Invigilator and get the test booklet/answer sheet replaced.

(ii) All corrections and changes in writing the roll number must be initialed by the candidates as well as by the Invigilator and countersigned by the Supervisor.

(iii) Immediately after commencement of the examination please check that the test booklet supplied to you does not have any unprinted or torn or missing pages or items etc. If so, get it replaced by a complete test booklet of the same series and subject.

7. Do not write your name or anything other than the specific items of information asked for, on the answer sheet/test booklet/sheet for rough work.

8. Do not fold or mutilate or damage or put any extraneous marking in the Answer Sheet. Do not write anything on the reverse of the answer sheet.

9. Since the answer sheets will be evaluated on computerized machine, candidates would exercise due care in handling and filling up the answer sheets. **They should use HB pencil only to darken the circles. for writing in boxes, they should use blue or black pen. Since the entries made by the candidates by darkening the circles will be taken into account while evaluating the answer sheets on computerized machine, they should make these entries very carefully.**

10. Method of marking answers

In the "Objective Type" of examination, you do not write the answers. For each question (hereinafter referred to as "Item") several suggested answers (hereinafter referred to as "Responses") are given. You have to choose one response to each item.

To question paper will be in the Form of Test Booklet. The booklet will contain item bearing numbers 1, 2, 3 etc. Under each item, Responses marked (a), (b), (c), (d)

will be given. Your task will be to choose the correct response. If you think there is more than one correct response, then choose what you consider the best response.

In any case, for each item you are to select only one response. If you select more than one response, your response will be considered wrong.

In the Answer Sheet, Serial Nos. from 1 to 160 are printed. Against each numbers, there are circles marked (a), (b), (c) and (d). After you have read each item in the Test Booklet and decided which one of the given responses is correct or the best, you have to mark your response by completely blackening with **HB pencil to indicate your response. Ink should not be used for blackening the circle on the Answer Sheet.**

For example, if the correct answer to item 1 is (b), then the circle containing the letter (b) is to be completely blackened with pencil as shown below :-

Example : (a) | (c) (d)

To change a wrong marking, erase it completely and re-mark the new choice.

11. Signature on Attendance List

Your are required to write the serial number of the Answer Sheet and Test Booklet and Series of Test Booklet issued to you on the Attendance List and to sign in appropriate column against your name. Any change or correction in these particulars should be authenticated by the candidate by putting his signatures.

12. Please read and abide by the instructions on the cover of Test Booklet. If any candidate indulges in disorderly or improper conduct, he will render himself liable for disciplinary action and/or imposition of a penalty as the Commission may deem fit.

Annexure

How to fill in the Answer Sheet of objective type tests in the Examination Hall

Please follow these instructions very carefully. you may note that since the answer sheets are to be evaluated on machine, any violation of these instructions may result in reduction of your score for which you would yourself be responsible.

Before you mark your responses on the Answer Sheet, you will have to fill in various particulars in it.

As soon as the candidates receives the Answer Sheet, be should check that it is numbered at the bottom. If it is found un-numbered he should at once get it replaced by a numbered one.

You will see from the Answer Sheet that you will have to fill in the top line, which reads thus :

Write in Ink

Centre Subject S. Code Roll Number

If you are, say, appearing for the examination in Delhi Centre for the General Studies Paper and your Roll No. is 081276, and your test booklet series is 'A' you should fill in thus, using ink or ball point pen.

*This is just illustrative and may not be relevant to the Examination concerned).

Write in Ink

Centre Delhi Subject General Studies(A) S. Code 9 9 Roll Number 0 8 1 2 7 6

You should write in ink or ball point pen the name of the centre and subject in English or Hindi.

The test Booklet Series is indicated by Alphabets A, B, C, or D at the top right hand corner of the Booklet.

Write your Roll Numbers exactly as it is in your Admission Certificate in ink in the boxes provided for this purpose. Do not omit any zero(s) which may be there.

The next step is to find out the appropriate subject code from the Time Table. Now encode the Test Booklet Series, Subject Code and the Roll Number in the circles provided for this purpose. Do the encoding with H.B. Pencil. The name of the Centre need not be encoded.

Writing and encoding of Test Booklet Series is to be done after receiving the Test Booklet and confirming the Booklet Series from the same.

For General Studies* subject paper of 'A' Test Booklet Series you have to encode the subject code, which is 99. Do it thus:

पुस्तिका क्रम (ए)	विषय	9	9
Booklet Series (A)	Subject	9	9
●		⊙	⊙
ⓑ		①	①
ⓒ		②	②
ⓓ		③	③
		④	④
		⑤	⑤
		⑥	⑥
		⑦	⑦
		⑧	⑧
		●	●

All that is required is to blacken completely the circle marked 'A' below the Booklet Series and below the subject code blacken completely the Circles for "9" (in the first vertical column) and "9" (in the second vertical column). You should then encode the Roll No. 081276. Do it thus similarly :

Important : Please ensure that you have carefully encoded your subject, Test Booklet series and Roll Number. If you make any mistake, erase it completely and remark correctly.

अनुक्रमांक Roll Numbers					
0	8	1	2	7	6
●	⊙	⊙	⊙	⊙	⊙
①	①	●	①	①	①
②	②	②	●	②	②
③	③	③	③	③	③
④	④	④	④	④	④
⑤	⑤	⑤	⑤	⑤	⑤
⑥	⑥	⑥	⑥	⑥	●
⑦	⑦	⑦	⑦	●	⑦
⑧	●	⑧	⑧	⑧	⑧
⑨	⑨	⑨	⑨	⑨	⑨

*This is just illustrative and may not be relevant to your Examination.

Disclaimer
The contents of this notification are informative in nature.

Candidates are advised to refer to the notice published in 'Employment News'

APPENDIX-V

Brief particulars relating to the Services to which recruitment is being made through this examination are given below.

1. Assistant Divisional Medical Officer in the Railways :

(a) The post in Group A - The revised pay structure of the post is Pay Band - 3 of Rs. 15600-39100 with Grade Pay Rs. 5400 plus Non-Practising Allowance as per orders in force from time to time. The rate of Non-Practising Allowance at present is 25% of Basic Pay (i.e. aggregate of Pay in Pay Band and Grade Pay) subject to the condition that the Basic Pay plus Non-Practising Allowance does not exceed Rs. 85000/-.

The candidates will be bound to observe the orders which the Ministry of Railways or any higher authority may issue from time to time restricting or prohibiting private practice by him. The candidates in Government service will be given initial pay in the above mentioned scale according to rules and orders while others will be given the minimum of the pay scale mentioned above.

(b) A candidate will be appointed on probation for a period of One year which may be extended by the Government if considered necessary. On satisfactory completion of the probation, candidates will be eligible for confirmation in the junior scale of the Indian Railway Medical Service.

(c) The appointment of probationers can be terminated by one month's notice in writing on either side during the period of probation in terms of Rule 301 (3) of the Indian Railway Establishment Code, Volume-I. Such notice is not however, required in cases of dismissal or removals as disciplinary measure after compliance with the provisions of Clause (2) of Article 311 of the Constitution and compulsory retirement due to mental or physical incapacity.

(d) A candidate will have to undergo training as prescribed by the Ministry of Railways and pass all the Departmental Examinations.

(e) A candidate will be governed by the "Contributory pension System" effective from 01.01.2004 as per orders of the Government..

(f) A candidate will be eligible for leave in accordance with the leave rules as in force from time to time and applicable to officers of his status.

(g) A candidate will be eligible for free Railway Passes and Privilege Ticket Orders in accordance with the rules in force from time to time.

(h) A candidate will be required to pass the examination in Hindi of an approved standard within the period of probation and failure to do so shall involve liability to termination of service.

(i) Under the rules every person appointed to the above post shall, if so required, be liable to serve in any Defence Service or post connected with the Defence of India for a period of not less than four years including the period spent on training, if any. provided that such person -

(a) shall not be required to serve as aforesaid after the expiry of ten years from the date of such appointment.

(b) shall not ordinarily be required to serve as aforesaid after attaining the age of 45 years.

(j) **Reckoning Service** : The persons who are recruited under these rules to posts to which the conditions prescribed in Rule 45 of Railway Services (Pension) Rules, 1993 are applicable shall be eligible to the benefit of the provisions contained in the rule.

(k) A candidate will be governed in respect of matters specifically referred to above as well as other matters by the provisions of the Indian Railways Establishment Code and the extant orders as amended/issued from time to time.

(l) In the first instance a candidate will be posted to the Railway Health Units/Dispensaries at way side Station. ADMOs are also liable to transfer to any Railways.

(m) Prospects of promotion including pay scales and allowances attached to higher grades will be as per the provisions of Railway Medical Service Recruitment Rules, 2000 and the orders and instructions issued by the Ministry of Railway from time to time. .

(n) Duties and Responsibilities :

Assistant Divisional Medical Officers

(i) He will attend the indoor wards and out patient department daily and as required.

(ii) He will carry out physical examination of candidates and of employees in service in accordance with the regulations in force.

(iii) He will look after family planning, public health and sanitation in his jurisdiction.

(iv) He will carry out examination of vendors.

(v) He will be responsible for discipline and proper discharge of duties of the Hospital Staff.

(vi) He will carry out duties assigned to him specially if any and will prepare returns and indents connected with his speciality.

(vii) He will maintain and upkeep all equipments in his charge.

Note 1 : When an ADMO is posted at the Headquarters of a division under the charge of a Divisional Medical Officer he will assist the Divisional Medical Officer in all his duties but may be specially assigned with certain duties and responsibilities.

Note 2 : ADMOs will also be required to perform such other duties as may be assigned to them from time to time.

II. Posts of Assistant Medical Officer in the Indian Ordnance Factories Health Service under the Ministry of Defence.

- (a) The posts are temporary in Group A but likely to be made permanent in due course. The scale of pay is in the Pay Band PB-3 of Rs. 15600-39100 with Grade Pay of Rs. 5400/- plus non-practising allowance (NPA) as per orders in force from time to time. The rates at present are 25% of the basic pay.
- (b) The candidates will be on probation for a period of 2 years from the date of appointment which may be curtailed or extended at the discretion of the competent authority. On satisfactory completion of the probation period he will continue in the temporary post till confirmed against the permanent vacancy.
- (c) The candidate can be posted any where in India in any of the Ordnance Factory Hospitals or Dispensaries.
- (d) Private practice of any kind whatsoever is prohibited.
- (e) The appointment can be terminated on one month's notice on either side during the period of probation and thereafter while employed in temporary capacity. The Government reserves the right to give one month's pay in lieu of notice.
- (f) prospects of promotion including pay scale and allowances attached to the higher grades will be as per the provisions of IOFHS Rules 2001 and the order and Instructions issued by the Government from time to time.
- (g) Nature of Duties -
 - (1) Assistant Medical Officers.
 - (i) They will attend to indoor patients in wards/departments of hospitals and out patients/dispensaries/out-patient departments daily and as required.
 - (ii) They will carry out medical examination of employees and candidates for employment in accordance with the regulation in force.
 - (iii) They will maintain and upkeep all equipment in their charge.
 - (iv) They will be responsible for training, discipline and proper discharge of duties of the hospital and dispensary staff.
 - (v) They will perform such other duties as are allotted to them by the Medical Officer-in-Charge as per rules.

(2) Assistant Director Health Services and Senior Medical Officer.

- (a) ADHS posted at the Hqrs will assist the DHS/Addl. DHS/DDHS in the discharge of their duties on all medical matters as directed by them.
- (b) He will assist the DHS/Addl. DHS/DDHS in the day to day work of the Medical Section as the Section Officer.
- (c) He will perform such other duties as may be assigned to him by the DHS/Addl. DHS/DDHS from time to time.
- (d) He will assist the DHS in dealing with all questions relating to Medical Stores & Equipments.
- (e) They will arrange medical attention to the employees and their families as per rules.

- (f) SMOs will attend Indoor Wards, Factory Health Clinic, Estate Clinic, OPD and will be required to perform such other duties as may be assigned by PMO and SMO in-charge of the hospital.

(3) Dy. Director Health Services and Principal Medical Officer.

- (a) DDHS posted at the Hqrs will assist the DHS/Addl. DHS in the discharge of the latter's duties in matters as directed by him.
- (b) PMO-Senior PMOs will be MO in-charge of factory hospitals and the Medical Estt. there.
- (c) As M.O. Incharge they will be advisers to the GM of Fys. on all medical matters and make recommendation as considered necessary.
- (d) They will arrange medical attention to the employees and their families as per rules.
- (e) They will perform such other duties as may be laid down under any statute or Govt. orders or delegated to him by the DHS.
- (f) Principal Medical Officers will attend indoor Wards, Factory Health Clinic, Estate Health Clinic, OPD and will be required to perform such other duties as may be assigned by PMO-in-Charge of the Hospital.

(4) Additional Director Health Services.

- (a) Addl. DHS will assist the DHS in discharge of the latter's duties in the matter as directed by him.
- (b) He will act as DHS under order of DGOF in latter's absence on leave, tour etc.

(5) Chief Medical Officer :-

- a. He/She will have overall responsibility of administration of Ord. Fy. Hospitals having specialist centres, including Factory Health Organization and Family Welfare Centre.
- b. Advise General Manager on medical, health, hygiene and occupational health matters.
- c. Plan, organize and monitor the work of Medical Establishment and review progress.
- d. Organize Hospital services in accordance with the orders, instructions and regularisation issued from time to time by higher authorities.
- e. Ascertain the expressed and implied need and expectations, grievances and suggestions of the patients, factory management, statutory authorities and community and organize the health services to meet them wherever possible.
- f. Ensure that all the resources allotted to the medical establishments are fully optimally utilized and economy is observed in the functioning.
- g. He will perform such other duties as may be laid down under any statute of Govt. orders or delegated to him by DHS.

6. Director Health Services.

- (a) Medical Adviser to DGOF on all Medical and Health matters. Controlling authority of the Medical Establishment of DGOF organisation on all Professional and Technical matters. He will exercise the administrative powers as delegated to him by the DGOF.
- (b) He will work out the plans of implementation of the reports/recommendations accepted by the Govt.
- (c) As the Controlling Authority he will distribute the personnel according to the requirement of factories.
- (d) He will normally represent the DGOF on the UPSC.
- (e) He will normally once a year make or cause to be made inspection of all factories and report to the DGOF on the working of Medical installation there on all matters connected with Medical Estt.
- (f) He will initiate ACR of Addl. DHS and will review the reports of all SA grade, JAG (NFSG) & JAG (OG) officers of IOFHS.

III. Junior Scale posts in the Central Health Service.

- (a) The posts are temporary but likely to continue indefinitely. Candidates will be appointed to Junior Group 'A' scale and they will be on probation for the period of 2 years from the date of appointment which may be curtailed or extended at the discretion of the competent authority. They will be confirmed after the satisfactory completion of probation subject to availability of permanent posts.
- (b) The candidates can be posted anywhere in India in any dispensary or hospital under any organisation participating in the Central Health Service viz. C.G.H.S. operating at Delhi, Bangalore, Bombay, Meerut, Lakshadweep Andaman and Nicobar Islands, P&T department etc. Private practice of any kind whatsoever including lab and consultant practice is prohibited.
- (c) The scale of pay admissible in the Medical Officer of CHS is in the Pay Band PB-3 of Rs. 15600-39100 with Grade Pay of Rs. 5400 and 25% NPA as per the recommendations of the 6 Pay Commission and the promotional avenues will be available as per the provision of CHS Rules, 1996 and the orders and instructions issued by the Govt. from time to time.

IV. Medical Officer in the Municipal Corporation of Delhi.

- (i) The posts are temporary in category 'A' but likely to be made permanent in due course. The scale of pay is in the Pay Band PB-3 of Rs. 15600-39100 with Grade Pay of Rs. 5400 plus restricted non-practising allowance (NPA) as per orders in force from time to time.

- (ii) The candidate will be on probation for a period of one year from the date of appointment which may be curtailed or extended at the discretion of competent authority. On satisfactory completion of the probation period, he will continue in the temporary post till confirmed against the permanent vacancy.
- (iii) The candidate can be posted any where within the jurisdiction of the Municipal Corporation of Delhi in any one of the Hospitals/Dispensaries/M & CW and Family Welfare Centres/Primary Health Centres etc.
- (iv) Private practice of any kind whatsoever is prohibited.
- (v) The appointment can be terminated on one month's notice on either side during the period of probation and thereafter while employed in temporary capacity. The Municipal Corporation of Delhi reserve the right to pay one month's pay in lieu of notice.

Prospects of promotion including pay scales and allowances attached to the higher grades shall be according to the provisions of the Recruitment Regulations.

V. General Duty Medical Officer in New Delhi Municipal Council

- (a) The scale of post is in the Pay Band PB-3 of Rs. 15600-39100 with Grade Pay of Rs. 5400 (VIth CPC) plus restricted non-practicing allowance (NPA) as per orders in force from time to time.
- (b) Ordinary rules regarding pension, gratuity, confirmation etc. as enforced in the Council from time to time will be applicable.
- (c) The candidate will be on probation for a period of two years from the date of appointment which may be extended at the discretion of the competent authority. On satisfactory completion of the probation period will continue in the temporary capacity till confirmed against the permanent vacancy.
- (d) The candidate can be posted anywhere within the jurisdiction of the NDMC in any of the hospitals/dispensaries/M&C&family welfare centres/Primary Health Centres etc.
- (e) Private practice of any kind whatsoever is prohibited.
- (f) The appointment can be terminated on one month's notice on either side during the period of probation and thereafter, while employed in temporary capacity, NDMC reserves the right to one month's pay in lieu of notice.
- (g) GDMO shall be entitled for promotion as Senior Medical Officer in the Pay Band-3 of Rs. 15600-39100 + Grade Pay Rs. 6600 and from Senior Medical Officer to Chief Medical Officer in the Pay Band-3 of Rs. 15600-39100 + Grade Pay of Rs. 7600 and from Chief Medical Officer to chief Medical Officer (Non-functional Selection Grade) in the Pay Band-4 of Rs. 37400-67000 + Grade Pay of Rs. 8700 and Senior Administrative Grade Pay Band-4 of Rs. 37400-67000 + Grade Pay of Rs. 10000.

Rules of Combined Medical Services Examination, 2011

**MINISTRY OF HEALTH AND FAMILY WELFARE
(Department of Health)
NOTIFICATION**

New Delhi. the 11th September 2010.

RULES

No.A.12011/3/2010/CHS-I – The rules for a Competitive Examination – Combined Medical Services Examination – to be held by the Union Public Service Commission in 2011 for the purpose of filling vacancies in the following services/posts are with the concurrence of the Ministries/ Departments concerned and the Municipal Corporation of Delhi and **New Delhi Municipal Council**, published for general information.

- (i) Assistant Divisional Medical Officer in the Railways.
- (ii) Assistant Medical Officer in Indian Ordnance Factories Health Service.
- (iii) Junior Scale Posts in Central Health Service.
- (iv) Medical Officer in the Municipal Corporation of Delhi.
- (v) **General Duty Medical Officer in New Delhi Medical Council.**

1. The examination will be conducted by the Union Public Service Commission in the manner prescribed in Appendix 1 to these Rules.

The date(s) on which and the place(s) at which the examination will be held shall be fixed by the Commission.

2. A candidate may compete in respect of any one or more of the services/posts mentioned above. A candidate who qualifies on the results of the written part of the examination will be required to indicate clearly in the detailed application form the services/posts for which he wishes to be considered in the order of preferences. The candidate is advised to indicate as many preferences as he wishes to so that having regard to his rank in order of merit due consideration can be given to his preferences when making appointment.

N.B. (i) Candidates for the posts of Assistant Divisional Medical Officer in the Railways will also be required to give their option in the Detailed Application Form for Zonal Railways in order of preference. While making their allocation to the various Zonal

Railways these preferences shall be taken into consideration but it does not mean that the candidate shall be allocated to one of these Zonal Railways only. As the service is meant to cover the entire country, a candidate is transferable to any Zone of the Indian Railways.

N.B. (ii) No request for addition/alteration in the preferences already indicated by a candidate in the detailed application form will be entertained by the Commission.

3. The examination will be conducted by the Union Public Service Commission in the manner prescribed in Appendix I of these Rules.

The dates on which and the places at which the examination will be held shall be fixed by the Commission.

4. A candidate must be either:-

- (i) a citizen of India, or
- (ii) a subject of Nepal, or
- (iii) a subject of Bhutan, or
- (iv) a Tibetan refugee who came over to India, before the 1st January, 1962 with the intention of permanently settling in India, or
- (v) a person of Indian origin who has migrated from Pakistan, Burma, Sri Lanka, East African countries of Kenya, Uganda, the United Republic of Tanzania, Zambia, Malawi, Zaire and Ethiopia or Vietnam with the intention of permanently settling in India.

Provided that a candidate belonging to categories (i), (ii), (iii), (iv) and (v) above shall be a person in whose favour a certificate of eligibility has been issued by the Government of India.

A candidate in whose case a certificate of eligibility is necessary may be admitted to the examination but the offer of appointment may be given only after the necessary eligibility certificate has been issued to him by the Government of India.

5 (a) A candidate for this examination must have attained the age of 32 years as on 1st January, 2011 i.e. he must have been born not earlier than 2nd January 1979.

(b) The upper age limit is relaxable as follows:-

- (i) Upto a maximum of five years if a candidate belongs to a Scheduled Caste or a Scheduled Tribe.
- (ii) Upto a maximum of three years in the case of candidates belonging to Other Backward Classes who are eligible to reservation applicable to such candidates.
- (iii) Upto a maximum of five years if a candidate has ordinarily been domiciled in the State of Jammu and Kashmir during the period from the 1st January, 1980 to the 31st day of December, 1989.
- (iv) Upto a maximum of three years in the case of Defence Services Personnel disabled in operations during hostilities with any foreign country or in a disturbed area and release as a consequence thereof.
- (v) upto a maximum of five years in the case of Ex-servicemen including Commissioned Officers and ECOs/SSCOs who have rendered at least five years of Military Service as on 1st January 2011 and have been released (i) on completion of assignment including those whose assignment is due to be completed within one year from 1st January 2011 otherwise than by way of dismissal or discharge on account of misconduct or inefficiency or (ii) on account of physical disability attributable to Military Service or (iii) on invalidment.
- (vi) upto a maximum of 5 years in the case of ECOs/SSCOs who have completed an initial period of assignment of 5 years of Military service as on 1st January, 2011 and whose assignment has been extended beyond 5 years and in whose case the Ministry of Defence issues a certificate that they can apply for civil employment and that they will be released on 3 months notice on selection from the date of receipt of offer of appointment.
- (vii) upto a maximum of 10 years in the case of blind deaf-mute and Orthopaedically handicapped candidates.

(viii) The ad hoc doctors appointed after 1-10-1984 in the Ministry of Railways will be granted relaxation in the age to the extent of the period of service rendered by them as ad hoc doctors in railways in the light of the Supreme Court's orders dated the 24th September, 1987 on the Writ Petitions (Nos. 822, 875, 180 and 200 of 1987 with Nos. 370, 298 and 73 of 1987 with Nos. 1165, 1328, 1619, 1735, 1275, 1457, 1087, 1034, 1263, 1294, 1327, 1349, 1370, 1353, 1400, 1451, 1504, 1564, 1650 and 1609 of 1986 and with No. 845 of 1986) filed by some ad hoc doctors of the Railways. The ad hoc doctors claiming the relaxation in upper age limit under this provision should submit their application for admission to the examination through the Ministry of Railways who will certify that the applicants are covered by the orders of the Supreme Court

Note I – Candidate belonging to the Scheduled Castes, the Scheduled Tribes and the Other Backward Classes who are also covered under any other clauses of Rule 5(b) above. viz. those coming under the category of Ex-servicemen persons domiciled in the state of J & K. physically handicapped etc. will be eligible for grant of cumulative age-relaxation under both the categories.

Note II – The term ex-servicemen will apply to the persons who are defined as ex-servicemen in the Ex-servicemen (Re-employment in Civil Services and posts) Rules, 1979 as amended from time to time.

Note III – The age concession under Rule 5(b) and (vi) will not be admissible to Ex-servicemen and Commissioned Officers including ECOs/SSCOs, who are released on their own request.

Note IV – Notwithstanding the provision of age-relaxation under Rule 5(b) (vii) above, a physically handicapped candidate will be considered to be eligible for appointment only if he/she after such physical examination as the Government or appointing authority, as the case may be, may prescribe is found to satisfy the requirements of physical and medical standards for the concerned services/posts to be allocated to the physically handicapped candidates by the Government.

SAVE AS PROVIDED ABOVE THE AGE LIMITS PRESCRIBED CAN IN NO CASE BE RELAXED:

The date of birth accepted by the Commission is that entered in the Matriculation or Secondary School Leaving Certificate or in a certificate recognised by an Indian University as equivalent to Matriculation or in an extract from a Register of Matriculates maintained by a University which must be certified by the proper authority of the University or in the Higher Secondary or an equivalent examination certificate.

No other document relating to age like horoscopes, affidavits, birth extracts from Municipal Corporation, Service records and the like will be accepted.

The expression Matriculation/Higher Secondary Examination Certificates in this part of the instructions include the alternative certificates mentioned above.

Note 1: Candidates should note that only the date of birth as recorded in the Matriculation/Secondary Examination Certificate or an equivalent certificate on the date of submission of application will be accepted by the Commission and no subsequent request for its change will be considered or granted.

Note 2: Candidates should also note that once a date of birth has been claimed by them and entered in the records of the Commission for the purpose of admission to an examination, no change will be allowed subsequently (or at any other Examination of the Commission) on any ground whatsoever.

6. A candidate must have passed the written and practical part of the final M.B.B.S Examination.

Note 1 A candidate who has appeared/or has yet appear at the final M.B.B.S Examination may also apply. Such candidates will be admitted to the examination if otherwise eligible but the admission would be deemed to be provisional subject to cancellation, if they do not produce proof of having passed the written and practical parts of the final M.B.B.S. Examination alongwith the Detailed Application Form which will be required to be submitted to the Commission by the candidates who qualify on the result of the written part of the examination.

Note 2. A candidate who has yet to complete the compulsory rotating internship is educationally eligible for admission to the examination but on selection he will be appointed only after he has completed the compulsory rotating partnership.

7. Candidates must pay the fee prescribed in the Commission's notice.

8. All candidates in Government service, whether in a permanent or in temporary capacity or as work-charged employees, other than casual or daily rated employees, or those serving under Public Enterprises will be required to submit an undertaking that they have informed in writing their Head of Office/Department that they have applied for the Examination.

Candidates should note that in case of communication is received from their employer by the Commission withholding permission to the candidates applying for/appearing at the examination, their application will be liable to be rejected/candidature will be liable to the cancelled.

9. The decision of the Commission with regard to the acceptance of the application of a candidate for the examination and his/her eligibility or otherwise for admission to the examination shall be final.

The candidates applying for the examination should ensure that they fulfil all the eligibility conditions for admission to the Examination. Their admission at all the stages of examination for which they are admitted by the Commission, viz. written examination and Interview Test, will be purely provisional, subject to their satisfying the prescribed eligibility conditions. If on verification at any time before or after the Written Examination or Interview Test, it is found that they do not fulfil any of eligibility conditions, their candidature for the examination will be cancelled by the Commission.

10. No candidate shall be admitted to the examination unless he holds a certificate of admission from the Commission.

11. A candidate who is or has been declared by the Commission to be guilty of:-

- (i) Obtaining support for his candidature by any means: or
- (ii) Impersonating: or
- (iii) procuring impersonation by any person: or
- (iv) submitting fabricated documents or documents which have been tampered with: or
- (v) making statements which are incorrect or false, or suppressing material information; or
- (vi) resorting to any other irregular or improper means in connection with his candidature for the examination; or
- (vii) using unfair means during the examination; or
- (viii) writing irrelevant matter, including obscene language or pornographic matter, in the script(s); or
- (ix) misbehaving in any other manner in the examination hall; or
- (x) harassing or doing bodily harm to the staff employed by the Commission for the conduct of their examination; or
- (xi) being in possession of or using mobile phone, pager or any electronic equipment or device or any other equipment capable of being used as a communication device during the examination. or,
- (xii) violating any of the instructions issued to the candidates alongwith their Admission Certificates permitting them to take the examination; or
- (xiii) attempting to commit or as the case may be abetting the commission of all or any of the acts specified in the foregoing clauses; may, in addition to rendering himself liable to criminal prosecution be liable.

(a) to be disqualified by the Commission from the examination for which he is a candidate; and/or

(b) to be debarred either permanently or for a specified period -

- (i) by the Commission from any examination or selection held by them:
- (ii) by the Central Government from any employment under them; and

- (c) if he is already in service under Government to disciplinary action under the appropriate rules;

Provided that no penalty under this rule shall be imposed except after –

- (i) giving the candidate an opportunity of making such representation in writing as he may wish to make in that behalf; and
- (ii) taking the representation, if any, submitted by the candidate within the period allowed to him into consideration.

12. Candidates who obtain such minimum qualifying marks in the written examination as may be fixed by the Commission in their discretion shall be summoned by them for an interview for a personality test.

Provided that candidates belonging to the Scheduled Castes/the Scheduled Tribes or Other Backward Classes may be summoned for an interview for a personality test by the Commission by applying relaxed standards if the Commission is of the opinion that sufficient number of candidates from these communities are not likely to be summoned for interview for a personality test on the basis of the general standard in order to fill up the vacancies reserved for them.

13 (1) After interview, the candidates will be arranged by the Commission in the order of merit as disclosed by the aggregate marks finally awarded to each candidate. Thereafter, the Commission shall, for the purpose of recommending candidates against unreserved vacancies, fix a qualifying mark (hereinafter referred to as general qualifying standard) with reference to the number of unreserved vacancies to be filled up on the basis of the examination. For the purpose of recommending reserved category candidates belonging to the Scheduled Castes, the Scheduled Tribes and Other Backward Classes against reserved vacancies, the Commission may relax the general qualifying standard with reference to number of reserved vacancies to be filled up in each of these categories on the basis of the examination.

Provided that the candidates belonging to the Scheduled Castes, the Scheduled Tribes and Other Backward Classes who have not availed themselves of any of the concessions or relaxations in the eligibility or the selection criteria at any stage of the examination and who after taking into account the general qualifying standards are found fit for recommendation by the Commission shall not be recommended against the vacancies reserved for the Scheduled Caste, the Scheduled Tribes and Other Backward Classes.

(2) While making service allocation the candidates belonging to the Scheduled Castes, the Scheduled Tribes or the Other Backward Classes recommended against unreserved vacancies may be adjusted against reserved vacancies by the Government if by this process they get a service of higher choice in the order of their preference.

(3) The Commission may further lower the qualifying standards to take care of any shortfall of candidates for appointment against unreserved vacancies and any surplus of candidates against reserved vacancies arising out of the provisions of this rule, the Commission may make the recommendations in the manner prescribed in sub-rules (4) and (5)

(4) While recommending the candidates, the Commission shall in the first instance, take into account the total number of vacancies in all categories. This total number of recommended candidates shall be reduced by the number of candidates belonging to the Scheduled Castes, the Scheduled Tribes and Other Backward Classes who acquire the merit at or above the fixed general qualifying standard without availing themselves of any concession or relaxation in the eligibility or selection criteria in terms of the proviso sub-rule (1). Along with this list of recommended candidates, the commission shall also declare a consolidated reserved list of candidates, which will include candidates from general and reserved categories ranking in order of merit below the last recommended candidate under each category. The number of candidates in each of these categories will be equal to the number of reserved category candidates who were included in the first list without availing of any relaxation or concession in eligibility or selection criteria as per proviso to sub-rule (1). Amongst the reserved categories, the number of candidates from each of the Scheduled Caste, the Scheduled Tribe and Other Backward Class categories in the reserve list will be equal to the respective number of vacancies reduced initially in each category.

(5) The candidates recommended in terms of the provision of sub-rule (4) shall be allocated by the Government to the services and where certain vacancies still remain to be filled up, the Government may forward a requisition to the commission requesting it to recommend, in order of merit, from the reserve list, the same number of candidates as requisitioned for the purpose of filling up the unfilled vacancies in each category.

14. The minimum qualifying marks as specified under rule 12 and 13 may be relaxable at the discretion of the Commission in favour of physically handicapped candidates in order to fill up the vacancies reserved for them.

Provided that where a physically handicapped candidate obtains the minimum qualifying marks in his own merit in the requisite number for General or the Scheduled Castes or the Scheduled Tribes or the Other Backward Class Category candidates, then, the extra physically handicapped candidates i.e. more than the number of vacancies reserved for them shall not be recommended by the Commission on the relaxed standards.

15. The form and manner of communication of the result of the examination to individual candidates shall be decided by the Commission in their discretion and the commission will not enter into correspondence with them regarding the result.

16. Subject to other provisions contained in these rules, successful candidates will be considered for appointment on the basis of the order of merit assigned to them by the Commission and preference expressed by them for various posts.

17. Success in the examination confers no right to appointment unless Government are satisfied after such enquiry as may be considered necessary that the candidate having regard to his/her character and antecedents, is suitable in all respects for appointment to the service. The appointment will be further subject to the candidates satisfying the appointing authority of his/her having satisfactorily completed the compulsory rotating internship.

18. A candidate must be in good mental and bodily health and free from any physical defect likely to interfere with the discharge of his/her duties as an officer of the service. A candidate who after such medical examination as Government or the appointing authority, as the case may be, may prescribe, is found not to satisfy these requirements will not be appointed.

The Regulations relating to Physical/Medical Examination of candidates are given in Appendix – III to these Rules.

All candidates who qualify for interview/personality test on the basis of written part of the examination shall be required to undergo the medical examination normally on the next working day immediately after the day of interview/personality test of the concerned candidate (there shall be no medical examination on Saturdays, Sundays and closed holidays). **Arrangements for the complete medical examination including X-ray of chest of the candidates** will be made by the Ministry of Health, New Delhi and intimation in this regard shall be given by the Ministry to the concerned candidates. In case a candidate does not receive any intimation about the arrangements made for his/her Medical Examination before he/she should contact personally to the concerned authority in Ministry of Health and Family Welfare immediately after his/her interview/personality test is over. The concerned candidates may have to stay in Delhi until his/her Medical Examination is over. Therefore the candidate should take care of this fact and make his/her own arrangement for stay in Delhi for the purpose of completion of Medical Examination formality. No extension/postponement of the date fixed for the Medical Examination shall be allowed under any circumstances. Also no TA/DA shall be admissible for the purpose of completion of the formality of Medical examination of the concerned candidate.

19. For being considered against the vacancies reserved for them, the physically disabled persons should have disability of forty percent (40%) or more. However, such candidates shall be required to meet one or more of the following physical requirements/abilities which may be necessary for performing the duties in the concerned Services/Posts :-

Code	Physical Requirements
F	1. Work performed by manipulating (with Fingers)
PP	2. Work performed by pulling & pushing.
L	3. Work performed by lifting.
KC	4. Work performed by kneeling and Crouching
B	5. Work performed by bending
S	6. Work performed by sitting (on bench or chair)
ST	7. Work performed by standing
W	8. Work performed by walking
SE	9. Work performed by seeing
H	10. Work performed by hearing/ speaking
RW	11. Work performed by reading and writing

The functional classification in their case shall be one or more of the following consistent with the requirements of the concerned Services/Posts.

FUNCTIONAL CLASSIFICATION

CODE	FUNCTIONS
BL	1. both legs affected but not arms.
BA	2. both arms affected <ul style="list-style-type: none"> (a) impaired reach (b) weakness of grip
BLA	3. both legs and both arms affected.
OL	4. one leg affected (R or L) <ul style="list-style-type: none"> a) impaired reach

- b) weakness of grip
 - c) ataxic
- OA 5. one arm affected (R or L) --do—
- BH 6. stiff back and hips (cannot sit or stoop)
- MW 7. muscular weakness and limited physical endurance.
- B 8. the blind.
- PB 9. partially blind
- D 10. the deaf
- PD 11. partially deaf.
20. No person:-
- (a) who has entered into or contracted a marriage with a person having a spouse living, or
 - (b) who having a spouse living has entered into or contracted a marriage with any person shall be eligible for appointment to service.

Provided that the Central Government may, if satisfied that such marriage is permissible under the personal law applicable to such person and the other party to the marriage and there are other grounds for so doing exempt any person from the operation of this rule.

21. Brief particulars relating to the posts to which recruitment is being made through this examination are given in Appendix II.

APPENDIX –I

SCHEME OF EXAMINATION

The examination shall be conducted according to the following plan:-

Part-I WRITTEN EXAMINATION - (500 marks) – The candidates will take the written examination in two Papers, each Paper carrying a maximum of **250 marks**. Each Paper will be of **two hours** duration.

Part-II Personality Test carrying **100 marks** of such of the candidates who qualify on the results of the written examination.

(A) Written Examination: The components and syllabus of two Papers and the weightage to different components in the two papers are given below: -

Paper I (Code No. 1) : Maximum Marks : 250

- (a) **General Ability** - 30 questions
- (b) **General Medicine** - 70 questions
- (c) **Paediatrics** - 20 questions

Total questions in Paper I = 120 (30 General Ability, 70 General Medicine and 20 Paediatrics)

Syllabus of Paper –I

(a) General Ability

- (i) Indian Society, Heritage & Culture, Polity, Economy, Human Development Indices and the Development Programmes;
- (ii) Natural Resources, their distribution, exploitation, conservation and related issues;
- (iii) Basic concepts of Ecology and Environment and their impact on health and economy;
- (iv) Impact of changing demographic trends on health, environment and society;

- (v) Indian Agriculture, Industry, Trade, Transportation and Service Sectors;
- (vi) Natural and man made disasters and their management;
- (vii) Food adulteration, Food processing, food distribution, food storage and their relevance to public health;
- (viii) Recent trends in Science and Technology

(b) General Medicine

(General Medicine including Cardiology, Neurology, Dermatology and Psychiatry)

- (i) Cardiology
- (ii) Respiratory diseases
- (iii) Gastro-intestinal
- (iv) Genito-Urinary
- (v) Neurology
- (vi) Hematology
- (vii) Endocrinology
- (viii) Metabolic disorders
- (ix) Infections/Communicable Diseases
 - a) Virus
 - b) Ricketts
 - c) Bacterial
 - d) Spirochetal
 - e) Protozoan
 - f) Metazoan
 - g) Fungus

- (x) Nutrition/Growth
 - (xi) Diseases of the skin (Dermatology)
 - (xii) Musculoskeletal System
 - (xiii) Psychiatry
 - (xiv) General
- (c) Paediatrics -

Paper II (Code No. 2) : Maximum Marks : 250

- (a) Surgery - 40 questions
- (b) Gynaecology & Obstetrics - 40 questions
- (c) Preventive & Social Medicine - 40 questions

Total questions in Paper II = 120 (40 Surgery, 40 Gynaecology & Obstetrics and 40 Preventive & Social Medicine)

Syllabus of Paper - II

(a) Surgery

(Surgery including ENT, Ophthalmology, Traumatology and Orthopaedics)

I General Surgery

- i) Wounds
- ii) Infections
- iii) Tumours

- iv) Lymphatic
- v) Blood vessels
- vi) Cysts/sinuses
- vii) Head and neck
- viii) Breast
- ix) Alimentary tract
 - a) Oesophagus
 - b) Stomach
 - c) Intestines
 - d) Anus
 - e) Developmental
- x) Liver, Bile, Pancreas
- xi) Spleen
- xii) Peritoneum
- xiii) Abdominal wall
- xiv) Abdominal injuries

- II Urological Surgery
- III Neuro Surgery
- IV Otorhinolaryngology E.N.T.
- V Thoracic surgery
- VI Orthopedic surgery
- VII Ophthalmology

VIII Anesthesiology

IX Traumatology

(b) GYNAECOLOGY & OBSTETRICS

I OBSTETRICS

- i) Ante-natal conditions
- ii) Intra-natal conditions
- iii) Post-natal conditions
- iv) Management of normal labours or complicated labour

II GYNAECOLOGY

- i) Questions on applied anatomy
- ii) Questions on applied physiology of menstruation and fertilization
- iii) Questions on infections in genital tract
- iv) Questions on neoplasma in the genital tract
- v) Questions on displacement of the uterus

III FAMILY PLANNING

- i) Conventional contraceptives
- ii) U.D. and oral pills
- iii) Operative procedure, sterilization and organization of programmes in the urban and rural surroundings
- iv) Medical Termination of Pregnancy

(c) PREVENTIVE SOCIAL AND COMMUNITY MEDICINE

I Social and Community Medicine

- II Concept of Health, Disease and Preventive Medicine
- III Health Administration and Planning
- IV General Epidemiology
- V Demography and Health Statistics
- VI Communicable Diseases
- VII Environmental Health
- VIII Nutrition and Health
- IX Non-communicable diseases
- X Occupational Health
- XI Genetics and Health
- XII International Health
- XIII Medical Sociology and Health Education
- XIV Maternal and Child Health
- XV National Programmes

2. The written examination in both the papers will be completely of objective (Multiple choice answer) type. The question Papers (Test Booklets) will be set in English only.

3. Candidates must write the Papers in their own hand. In no circumstances will they be allowed the help of a scribe to write answers for them.

4. The Commission have discretion to fix qualifying marks in any or both the papers of the examination.

5. **Penalty for wrong answers**

There will be penalty (Negative Marking) for wrong answers marked by a candidate in the objective type question papers.

- (i) There are four alternatives for the answers to every question. For each question for which a wrong answer has been given by the candidate, **one**

third (0.33) of the marks assigned to that question will be deducted as penalty.

- (ii) If a candidate gives more than one answer, it will be treated as a **wrong answer** even if one of the given answers happens to be correct and there will be same penalty as above for that question.
- (iii) If a question is left blank i.e. no answer is given by the candidate, there will be **no penalty** for that question.

6. Candidates are not permitted to use calculators for answering objective type papers. They should, therefore not bring the same inside the Examination Hall.

(B) PERSONALITY TEST - (100 marks) – Candidates who qualify in the written examination will be called for Interview/Personality Test to be conducted by the Union Public Service Commission. The Interview/Personality Test will carry 100 marks.

The interview for Personality Test will be intended to serve as a supplement to the written examination for testing the General Knowledge and ability of the candidates in the fields of their academic study and also in the nature of a personality test to assess the candidate's intellectual curiosity, critical powers of assimilation, balance of judgment and alertness of mind, ability for social cohesion, integrity of character, initiative and capability for leadership.

APPENDIX – II

Brief particulars relating to the services/posts to which recruitment is being made through this examination are given below: -

1. **Assistant Divisional Medical Officer in the Railways:**

(a) The post in Group A – The revised pay structure of the post is Pay Band-3 of Rs.15,600-39,100 with Grade Pay Rs. 5,400 plus non-practising allowance as per orders in force from time to time. The rate of non-practising allowance at present is 25% of the basic pay (i.e. aggregate of Pay in Pay Band and Grade Pay) subject to the condition that the Basic Pay Plus Non-Practising Allowance does not exceed Rs. 85,000/-.

The candidate will be bound to observe the orders which the Ministry of Railways or any higher authority may issue from time to time restricting or prohibiting private practice by him. The candidates in Government service will be given initial pay in the above mentioned scale according to rules and others will be given the minimum of the pay scale mentioned above.

(b) A candidate will be appointed on probation for a period of one year which may be extended by the Government if considered necessary. On satisfactory completion of

the probation candidates will be eligible for confirmation in the junior scale of the Indian Railway Medical Service.

(c) The appointment of probationers can be terminated by one month's notice in writing on either side during the period of probation in terms of Rule 301(3) of the Indian Railway Establishment Code, Volume – I. Such notice is not however, required in cases of dismissal or removal as a disciplinary measure after compliance with the provisions of Clause (2) of Article 311 of the Constitution and compulsory retirement due to mental or physical incapacity.

(d) A candidate will have to undergo training as prescribed by the Ministry of Railways and pass all the Departmental Examinations.

(e) A candidate will be governed by the "Contributory pension system" effective from 01.01.2004 as per orders of the Government.

(f) A candidate will be eligible for leave in accordance with the leave rules as in force from time to time and applicable to officers of his status.

(g) A candidate will be eligible for free Railway Passes and Privilege Ticket Orders in accordance with the rules in force from time to time.

(h) A candidate will be required to pass the examination in Hindi of an approved standards within the period of probation and failure to do so shall involve liability to termination of service.

(i) Under the rules every person appointed to the above post shall, if so required be liable to serve in any Defence Service or post connected with the Defence of India for a period of not less than four years including the period spent on training, if any.

Provided that such person:

(a) Shall not be required to serve as aforesaid after the expiry of ten years from the date of such appointment.

(b) Shall not ordinarily be required to serve as aforesaid after attaining the age of 45 years.

(j) Reckoning Service: The persons who are recruited under these rules to posts to which the conditions prescribed in Rule 45 of Railway Service (Pension) Rules, 1993 are applicable shall be eligible to the benefit of the provisions contained in rule.

(k) A candidate will be governed in respect of matters specifically referred to above as well as other matter by the provisions of the Indian railway Establishment Code and the extant orders as amended/issued from time to time.

(l) In the first instance a candidate will be posted to the Railway Health Units/Dispensaries at way side Stations, ADMOs are also liable to transfer to any Railway.

(m) "Prospects of promotion including pay scales and allowances attached to higher grades will be as per the provisions of Railway Medical Service Recruitment Rules, 2000 and the orders and instructions issued by the Ministry of Railways from time to time"..

(n) Duties and Responsibilities:

Assistant Divisional Medical Officers

- (i) He will attend the indoor wards, and out patient department daily and as required.
- (ii) He will carry out physical examination of candidates and of employees in service in accordance with the regulations in force.
- (iii) He will look after family planning, public health and sanitation in his jurisdiction.
- (iv) He will carry out examination of vendors.
- (v) He will be responsible for discipline and proper discharge of duties of the Hospital Staff.
- (vi) He will carry out duties assigned to him specially if any and will prepare returns and indents connected with his speciality.
- (vii) He will maintain and upkeep of equipments in his charge.

NOTE 1. When in ADMOs is posted at the Headquarter of a division under the charge of Divisional Medical Officer he will assist the Divisional Medical Officer in all his duties but may be specially assigned with certain duties and responsibilities.

NOTE 2. ADMOs will also be required to perform such other duties as may be assigned to them from time to time.

II. Post of Assistant Medical Officer in the Indian Ordnance Factories Health Service under the Ministry of Defence:

- (a) The posts are temporary in Group A but likely to be made permanent in due course. The scale of pay is in the PB-3 of Rs.15,600-39,100 with Grade Pay of Rs. 5,400 plus non-practicing allowance (NPA) as per orders in force from time to time. The rate at present is 25% of basic pay.
- (b) The candidates will be on probation for a period of 2 years from the date of appointment which may be curtailed or extended at the discretion of the Competent Authority. On satisfactory completion of the probation period he will continue in the temporary post till confirmed against the permanent vacancy.
- (c) The candidate can be posted anywhere in Indian in any one of the Ordnance Factory, Hospitals or Dispensaries.
- (d) Private practice of any kind whatsoever is prohibited.
- (e) The appointment can be terminated on one month's notice on either side during the period of probation and thereafter while employed in temporary capacity. The Government reserves the right to give one month's pay in lieu of notice.
- (f) Prospects of promotion including pay scale and allowances attached to the higher grades will be as per the provisions of IOFHS Rules 2001 and the orders and instructions issued by the Govt. from time to time.
- (g) Nature of Duties – (1) Assistant Medical Officers:-
 - (i) They will attend to indoor patients in wards/departments of hospitals and out patients/dispensaries/out-patient departments daily and as required.
 - (ii) They will carry out medical examination of employees and candidates for employment in accordance with the regulation in force.
 - (iii) They will maintain the upkeep of equipments in their charge.
 - (iv) They will be responsible for training, discipline and proper discharge of duties of the hospital and dispensary staff.
 - (v) They will perform such other duties as are allotted to them by the Medical Officer-in-charge as per rules.
- (2) Assistant Director Health Services and Senior Medical Officer -

- (a) ADHS posted at the Hrs. will assist the DHS/Addl. DHS/DDHS in discharge of their duties on all medical matters as directed by them.
 - (b) He will assist the DHS/Addl. DHS/DDHS in the day to day work of the Medical Section as the Section Officer.
 - (c) He will perform such other duties as may be assigned to him by the DHS/Addl.DHS/DDHS from time to time.
 - (d) He will assist the DHS in dealing with all questions relating to Medical Stores and Equipments.
 - (e) They will arrange medical attention to the employees and their families as per rules.
 - (f) SMOs will attend indoor Wards, Factory Health Clinic Estate Clinic, OPD and will be required to perform such other duties and may be assigned by PMO and SMO incharge of the Hospital.
- (3) Dy. Director Health Services and Principal Medical Officer: -
- (a) DDHS posted at the Hqrs. will assist the DHS/Addl. DHS in the discharge of the latter's duties in matters as directed by him.
 - (b) PMO – Senior – PMOs will be M.O. incharge of factory, hospitals and the Medical Estt. there.
 - (c) As M.O. Incharge they will be advisers to the GM of FYs. on all medical matters and make recommendation as considered necessary.
 - (d) They will arrange medical attention to the employees and their families as per rules.
 - (e) They will perform such other duties as may be laid down under any statute of Govt. orders or delegated to him by the DHS.
 - (f) Principal Medical Officers will attend indoor Wards. Factory Health Clinic, Estate Health Clinic OPD and will be required to perform such other duties as may be assigned by PMO-in-charge of the Hospital.

- (4) Additional director Health Services :-
- (a) Addl. DHS will assist the DHS in discharge of the latter's duties in the matter as directed by him.
 - (b) He will act as DHS under order of DGOF in latter's absence on leave, tour etc.
- (5) Chief Medical Officer:-
- (a) He/She will have overall responsibility Administration of Ord. Fy. Hospitals having specialist centres, including Factory Health Organisation and Family Welfare Centre.
 - (b) Advice General Manager on medical, health, hygiene and occupational health matters.
 - (c) Plan, Organise and monitor the work of the medical establishment and review progress.
 - (d) Organise hospital services in accordance with the orders, instructions and regulations issued from time to time by higher authorities.
 - (e) Ascertain the expressed and implied needs and expectations, grievances and suggestions of patients, factory management, statutory authorities and community and organize the health services to meet them wherever possible.
 - (f) Ensure that all the resources allotted to the medical establishments are fully and optimally utilized and economy is observed in the functioning.
 - (g) They will perform such other duties as may be laid down under any statute of Govt. orders or delegated to him by DHS.
- (6) Director Health Services: -
- (a) Medical adviser to DGOF on all medical and health matters. Controlling Authority of the Medical Establishment in DGOF organisation on all professional and Technical matters. He will exercise the administrative powers as delegated to him by the DGOF.
 - (b) He will work out the plans for implementation of the reports/ recommendations accepted by the Govt.

- (c) As the Controlling Authority he will distribute the personnel according to the requirement of factories.
- (d) He will normally represent the DGOF on the UPSC.
- (e) He will normally once a year make or cause to be made inspection of all factories and report to the DGOF on the working of Medical installation thereon all matters connected with Medical Estt.
- (f) He will initiate ACR of Addl. DHS and will review the reports of all SA grade, JAG(NFSG) & JAG(OG) officers of IOFHS.

III Junior Scale Posts in the Central Health Service:

- (a) The posts are temporary but likely to continue indefinitely, Candidates will be appointed to Junior Group 'A' scale and they will be on probation for a period of 2 years from the date of appointment which may be curtailed or extended at the discretion of the Competent Authority. They will be confirmed after the satisfactory completion of probation.
- (b) The candidates can be posted anywhere in India in any dispensary or hospital under any organisation participating in the Central Health Service viz. C.G.H.S. operating at Delhi, Bangalore, Bombay, Meerut etc. Lakshadweep, Andaman and Nicobar Islands. P & T Department etc. Private practise of any kind whatsoever including Lab. and consultant practice is prohibited.
- (c) The scale of pay admissible to the Medical Officer of CHS is in the Pay Band-3 of Rs.15,600-39,100 with Grade Pay Rs. 5,400 and 25% NPA as per recommendation of 6th Pay Commission. Other allowances like N.P.A., H.R.A. etc. and the promotional avenues will be available as per the provision of CHS Rules, 1996 and the orders and instructions issued by the Govt. from time to time.

IV Medical Officer in the Municipal Corporation of Delhi.

- (i) The posts are temporary in Category 'A' but likely to be made permanent in due course. The scale of pay is in the Pay Band-3 of Rs.15,600-39,100 with Grade Pay Rs. 5,400 plus restricted no-practising allowance (NPA) as per orders in force from time to time.

- (ii) The candidate will be on probation for a period of one year from the date of appointment which may be curtailed or extended at the discretion of competent authority. On satisfactory completion of the probation period, he will continue in the temporary post till confirmed against the permanent vacancy.
- (iii) The candidate can be posted any where within the jurisdiction of the Municipal Corporation of Delhi in any one of the Hospitals/Dispensaries/M&CW and Family welfare Centres/Primary Health Centres etc.
- (IV) Private practice of any kind whatsoever is prohibited.
- (V) The appointment can be terminated on one month's notice on either side during the period of probation and thereafter while employed in temporary capacity. The Municipal Corporation of Delhi reserve the right to pay one month's pay in lieu of notice.

Prospects of promotion including pay scales and allowances attached to the higher grades shall be according to the provision of the Recruitment regulations.

V. General Duty Medical Officer in New Delhi Municipal Council

- (a) The scale of post is in the Pay Band PB-3 of Rs. 15600-39100 with Grade Pay of Rs. 5400 (VIthe CPC) plus restricted non-practicing allowance (NPA) as per orders in force from time to time.
- (b) Ordinary rules regarding pension, gratuity, confirmation etc. as enforced in the Council from time to time will be applicable.
- (c) The candidate will be on probation for a period of two years from the date of appointment which may be extended at the discretion of the competent authority. On satisfactory completion of the probation period will continue in the temporary capacity till confirmed against the permanent vacancy.
- (d) The candidate can be posted anywhere within the jurisdiction of the NDMC in any of the hospitals/dispensaries/M&C&family welfare centres/Primary Health Centres etc.
- (e) Private practice of any kind whatsoever is prohibited.
- (f) The appointment can be terminated on one month's notice on either side during the period of probation and thereafter, while employed in temporary capacity, NDMC reserves the right to one month's pay in lieu of notice.
- (g) GDMO shall be entitled for promotion as Senior Medical Officer in the Pay Band-3 of Rs. 15600-39100 + Grade Pay Rs. 6600 and from Senior Medical Officer to Chief Medical Officer in the Pay Band-3 of Rs. 15600-39100 + Grade Pay of Rs. 7600 and from Chief Medical Officer to chief Medical Officer (Non-functional Selection Grade) in the Pay Band-4 of Rs. 37400-67000 + Grade Pay of Rs. 8700 and Senior Administrative Grade Pay Band-4 of Rs. 37400-67000 + Grade Pay of Rs. 10000.

APPENDIX-III**REGULATIONS RELATING TO THE PHYSICAL/MEDICAL EXAMINATION OF CANDIDATES**

The regulations are published for the convenience of candidates and to enable them to ascertain the probability of their possessing the required physical standards. The regulations are also intended to provide guidelines to the medical examiners. All posts to be filled on the basis of Combined Medical Services Examination are Group 'A' "Technical" posts.

2. (a) The Government of India reserve to themselves absolute discretion to reject or accept any candidate after considering the report of the Medical Board.

(b) To be passed as "fit" for appointment, a candidate must be in good mental and bodily health and free from any physical defect likely to interfere with the efficient performance of the duties of his/her appointment.

(c) In the matter of co-relation of age limit, height, weight and chest girth of candidates of India (including Anglo-Indian race), it is left to the Medical Board to use whatever co-relation of figure is considered most suitable as a guide in the examination of the candidates. Trunk and limbs should be proportionate, no minimum height be insisted upon, if found fit otherwise. If there be any disproportion with regard to height, weight and chest girth, the candidates should be hospitalized for investigation and X-Ray of the chest taken before the candidate is declared fit or unfit by the Board.

3. The candidate's height will be measured as follows:-

He/She will remove his/her shoes and be placed against the standard with his/her feet together and the weight thrown on the heels and not on the toe or other sides of the feet. He/She will stand erect without rigidity and with heels, calves, buttocks and shoulders touching the standard; the chin will be depressed to bring the vertex of the head level under the horizontal bar and the height will be recorded in centimeters and parts of a centimeter to halves.

4. The candidate's chest will be measured as follows:-

He/She will be made to stand erect with his/her feet together and to raise arms over his/her head. The tape will be so adjusted round the chest that its upper edge touches the inferior angles of the shoulder blades behind and lies in the same horizontal plane when the tape is taken round the chest. The arms will then be lowered to hang loosely by the side and care will be taken that the shoulders are not thrown upwards or backwards so as to displace the tape. The candidate will then be directed to take a deep inspiration several times and the maximum expansion of the chest will be carefully noted and the minimum and maximum will then be recorded in centimeters 84-89, 86-

93.5 etc. In recording the measurements fractions of less than half a centimeter should not be noted.

N.B.- The height and chest of the candidates should be measured twice before coming to a final decision.

5. The candidate will also be weighed and his/her weight recorded in Kilograms; fractions of half a kilogram should not be noted.

6. (a) The candidate's eye-sight will be tested in accordance with the following rules. The result of each test will be recorded.

(i) General – The candidate's eyes will be submitted to a general examination directed to the detection of any disease or abnormality. The candidate will be rejected if he suffers from any morbid conditions of eye(s), eyelids or contiguous structure of such a sort as to render or are likely to render him/her unfit for service on a future date.

(ii) Visual Acuity – The examination for determining the acuteness of visions includes two tests - one for distant and the other for near vision. Each eye will be examined separately.

(b) There shall be no limit for maximum naked eye vision but the naked eye vision of the candidates shall however be recorded by the Medical Board or other medical authority in every case, as it will furnish the basic information in regard to the condition of the eye.

(c) The following standards are prescribed for distant and near vision with or without glasses for different types of services.

Class of Service

	Indian Railway Medical Services (Technical)		Services other than IRMS (Technical)	
	Better eye	Worse eye	Better eye (corrected vision)	Worse eye
1. Distant Vision	With or without glasses upto + 4D 6/9 or 6/6	With or without glasses upto + 4D 6/9 or 6/12	6/6 or 6/9	6/12, 6/18 or Nil

2. Near Vision	With or without glasses upto + 4D J1	With or without glasses upto + 4D J2	J1 J2	J2, J3 or Nil
3. Type of correction permitted	Spectacles, IOL/corneal surgeries viz (LASIK, excimer surgeries etc.) may be permitted. Vision should be stable and should come up to the required standard. Ophthalmic Board to clear fitness.		Spectacles, IOL, LASIK Laser surgery	
4. Limits of refractive error permitted	+4.00 D In case where power of lens is > - 4D, a special ophthalmic Medical Board to clear the case ruling out pathological myopia.		Fundus is normal and without pathological Myopia.	
5. Colour vision requirements	Higher grade colour perception (Ishihara test EGL – 1.3 mm aperture)		Low Grade colour vision is acceptable	
6. Whether binocular vision needed?	Binocular vision is necessary in case of squint. In deserving cases, a special Ophthalmic Medical Board to clear cases on case-to-case basis.		No	

(d) (i) In respect of the Technical Services mentioned above and any other service concerned with the safety of public, the total amount of Myopia (including the cylinder) shall not exceed - 4.00 D; total amount of Hypermetropia (including the cylinder) shall not exceed + 4.00 D.

Provided that in case a candidate in respect of the “Technical” services other than the services under the Ministry of Railways is found unfit on ground of high myopia, the matter shall be referred a Special Board of three ophthalmologists to declare whether this myopia is pathological or not. In case it

is not pathological, the candidate shall be declared fit, provided he/she fulfils the visual requirements otherwise.

(ii) In every case of myopia, fundus examination should be carried out and the results recorded. In the event of pathological condition being present which is likely to be progressive and affect the efficiency of the candidate, he/she should be declared unfit.

(e) Field of Vision: The field of vision shall be tested in respect of all services by the confrontation method. When such test gives unsatisfactory or doubtful result the field of vision should be determined on the perimeter.

(f) Night Blindness: Broadly there two types of night blindness: (i) as a result of Vitamin a deficiency and (ii) as a result of Organic disease of Retina-common cause being Retinitis Pigmentosa. In (i) the fundus is normal, generally seen in younger age group and ill nourished persons and improves by large doses of Vitamin A. In (ii) the fundus is often involved and mere fundus examination will reveal the condition in majority of cases. The patient in this category is an adult and may not suffer from malnutrition. For both (i) and (ii) dark adaptation test will reveal the condition.

(g) Colour Vision: The testing of colour vision shall be essential in respect of the Technical Services mentioned above.

Colour perception should be graded into higher and lower grade depending upon the size of aperture in the lantern as described in the table below:-

Grade		Higher Grade Colour Perception	Lower Grade Colour Perception
1		2	3
1.	Distance between the lamp and the candidate	16 ft.	16 ft.
2.	Size of aperture	1.3 mm.	13 mm.
3.	Time of exposure	5 seconds	5 seconds

For Indian Railway Medical Service Higher Grade colour vision is essential but for other services lower grade colour vision will be considered sufficient.

Satisfactory colour vision constitutes recognition with ease and without hesitation of signals red, green and yellow colours. The use of Ishihara's plates, shown in good light and a suitable Edrige Green's Lantern shall be considered quite dependable for testing colour vision. While either of the two tests may ordinarily be considered sufficient in respect of the services other than IRMS, it is essential to carry out the lantern test for IRMS. In doubtful cases where a candidate fails to qualify when tested by only one of the two tests, both the tests should be employed. However, both the Ishihara's plates and Edrige Green's lantern shall be used for testing colour vision of the candidates for appointment to the Indian Railway Medical Service.

(h) Ocular condition other than visual acuity :-

(i) Any organic disease or a progressive refractive error, which is likely to result in lowering visual acuity, should be considered a disqualification.

(ii) Squint : For Indian Railway Medical Service where the presence of binocular vision is essential, squint, even if the vision acuity in each eye is of the prescribed standard, should be considered a disqualification. For other services the presence of squint should not be considered as a disqualification, if the visual acuity is of the prescribed standard.

(iii) If a person has one eye or if he has one eye which has normal vision and the other eye is amblyopic or has subnormal vision the usual effect is that the person is lacking stereoscopic vision for perception of depth. Such vision is not a disqualification for services other than IRMS. The Medical Board may recommend as fit, such persons provided the normal eye has –

☐ 6/6 distant vision; J1 near vision with or without glasses provided the error in any meridian is not more than 4 dioptres for distant vision.

☐ full field of vision.

☐ normal colour vision wherever required :

Provided the board is satisfied that the candidate can perform all functions for the particular job in question.

(iv) Contact Lenses: During the Medical Examination of the candidates, the use of contact lenses is not to be allowed. It is necessary that when conducting eye tests the illumination of the typed letters for distant vision should have an illumination of 15 foot candles.

GUIDELINES FOR SPECIAL OPHTHALMIC BOARD

Special ophthalmic Board for eye examination shall consist of 3 ophthalmologists:

- (a) Cases where the Medical Board has recorded visual function within normal prescribed limits but suspects a disease of progressive and organic nature which is likely to cause damage to the visual function should refer the candidates to a Special Ophthalmic Board for opinion as part of the first Medical Board.
- (b) All cases of any type of surgery on eyes, IOL, refractive corneal surgery, doubtful cases of colour defect should be referred to special ophthalmic board.
- (c) In such cases where a candidate is found to be having high myopia or high hypermetropia the Central Standing Medical Board/State Medical Board should immediately refer the candidates for a Special Board of three Ophthalmologists constituted by the Medical Superintendent of the hospital with the Head of the Department of Ophthalmology of the Hospital or the Senior-most Ophthalmologist as the Chairman of the Special Ophthalmic Board. The Ophthalmologist/Medical Officer who has conducted the preliminary ophthalmic examination cannot be a part of the Special Board.

The examination by the Special Board should preferably be done on the same day. Whenever it is not possible to convene the Special Board of three Ophthalmologists on the day of the medical examination by the Central Standing Medical Board/State Medical Board, the Special Board may be convened at an earliest possible date.

The Special Ophthalmic Board may carry out detailed investigations before arriving at their decision.

The Medical Board's report may not be deemed as complete unless it includes the report of the Special Medical Board for all such cases which are referred to it.

GUIDELINE FOR REPORTING ON BORDER LINE UNFIT CASES

In border line cases of substandard visual acuity, subnormal colour vision, the test will be repeated after 15 minutes by the Board before declaring a person unfit.

7. Blood Pressure:

The Board will use its discretion regarding Blood Pressure. A rough method of calculating normal maximum systolic pressure is as follows :-

- (i) with young subjects of 15 – 25 years of age, the average is about 100 plus the age.

(ii) with subjects over 25 years of age, the general rule of 110 plus half the age seems quite satisfactory.

N.B. – As a general rule any systolic pressure over 140 mm. and diastolic over 90 mm. should be regarded as suspicious and the candidate should be hospitalised by the Board before giving their final opinion regarding the candidate's fitness or otherwise. The hospitalisation report should indicate whether the rise in blood pressure is of a transient nature due to excitement etc. or whether it is due to any organic disease. In all such cases X-ray and electro-cardiographic examination of heart and blood urea clearance test should also be done as a routine. The final decision as to fitness or otherwise of a candidate will, however, rest with the medical board only.

Method of taking Blood Pressure

The mercury manometer type of instrument should be used as a rule. The measurement should not be taken within fifteen minutes of any exercise or excitement. Provided the patient and particularly his/her arm is relaxed, he may be either lying or sitting and the arm is supported comfortably at the patient's side in a more or less horizontal position. The arm should be freed from the cloth to the shoulder. The cuff completely deflated should be applied with the middle of the rubber over the inner side of the arm and its lower edge an inch or two above the bend of the elbow. The following returns of cloth bandage should spread evenly over the bag to avoid bulging during inflation.

The brachial artery is located by palpitation at the bend of the elbow and the stethoscope is then applied lightly and centrally over it below but not in contact with the cuff. The cuff is inflated to about 200 mm. Hg. and then slowly deflated. The level at which the column stands when soft successive sounds are heard represents the Systolic Pressure. When more air is allowed to escape the sound will be heard to increase in intensity. The level at which the well-heard clear sounds change to soft muffled fading sounds represents the diastolic pressure. The measurements should be taken in a fairly brief period of time as prolonged pressure of the cuff is irritating to the patient and will vitiate the reading. Rechecking if necessary should be done only a few minutes after complete deflation of the cuff. Sometimes as the cuff is deflated sounds heard at a certain level may disappear as pressure falls and reappear at a still lower level. This/her silent gap may cause error in readings.

8. The urine (passed in the presence of the examiner) should be examined and the results recorded. Where a Medical Board finds sugar present in candidate's urine by the usual chemical tests, the Board will proceed with the examination with all its other aspects and will also specially note down any signs or symptoms suggestive of diabetes. If except for the glycosuria the Board finds the candidate conforms to the standard of medical fitness required they may pass the candidate as fit, subject to the

glycosuria being non-diabetic and the Board will refer the case to a specified Specialist in Medicine who has hospital and laboratory

facilities at his/her disposal. The Medical Specialist will carry out whatever examinations, clinical and/or laboratory, he considers necessary including a standard blood sugar tolerance test, and will submit his/her opinion to the Medical Board upon which the Medical Board will base its final opinion - "fit" or "unfit". For this purpose, the candidate will not be required to appear in person before the Board on the second occasion. To exclude the effect of medication it may be necessary to retain a candidate for several days in hospital under strict supervision.

9. *For appointment against posts which do not prescribe any elaborate training* – It shall no longer be necessary to declare a woman candidate as "Temporarily Unfit" if she is found to be pregnant during medical examination before appointment against posts which do not prescribe any elaborate training, i.e., she can be appointed straightaway on the job.

10. The following additional points should be observed: -

(a) that the candidate's hearing in each ear is good and that there is no sign of disease of the ear. In case it is defective the candidate should be got examined by an ENT Specialist; provided that if the defect in hearing is remediable by operation or by use of a hearing aid a candidate cannot be declared unfit on that account provided he/she has no progressive disease in the ear. This provision is not applicable in the case of IRMS. The following are the guidelines for the medical examining authority in this regard –

	Indian Railway Medical Services (Technical)	Services other than IRMS (Technical)
1. Marked or total deafness in one ear, other ear being normal.	Unfit	Fit, if the deafness is upto 30 decibel in higher frequency.
2. Perceptive deafness in both ears in which some improvement is possible by a hearing aid.	Fit, if the deafness is upto 30 decibel in speech frequencies of 1000-4000.	Fit, if the deafness is upto 30 decibel in speech frequencies of 1000-4000.
3. Perforation of tympanic membrane of central or marginal type.	(i) One ear normal, other ear having perforation of tympanic membrane – 'Temporary Unfit'.	(i) One ear normal, other ear having perforation of tympanic membrane – 'Temporary Unfit'.

	<p>Under improved conditions of Ear Surgery, a candidate with marginal or other perforation in both ears should be given a chance by declaring him temporarily unfit and then he may be considered under 4(ii) below.</p> <p>(ii) Marginal or attic perforation in both ears – ‘unfit’.</p> <p>(iii) Central perforation in both ears — ‘Temporarily unfit’.</p>	<p>Under improved conditions of Ear Surgery, a candidate with marginal or other perforation in both ears should be given a chance by declaring him temporarily unfit and then he may be considered under 4(ii) below.</p> <p>(ii) Marginal or attic perforation in both ears – ‘unfit’.</p> <p>(iii) Central perforation in both ears — ‘Temporarily unfit’.</p>
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<p>4. Ears with mastoid cavity subnormal hearing on one side/on both sides.</p>	<p>(i) Either ear normal hearing and other ear with mastoid cavity—‘Fit’.</p> <p>(ii) Mastoid cavity of both sides—‘Unfit’.</p>	<p>(i) Either ear normal hearing and other ear with mastoid cavity—‘Fit’.</p> <p>(ii) Mastoid cavity of both sides—‘Unfit’.</p>
<p>5. Persistently discharging ear operated/unoperated</p>	<p>‘Temporarily Unfit’.</p>	<p>‘Temporarily Unfit’.</p>
<p>6. Chronic inflammatory/allergic condition of nose with or without bony deformities of nasal Septum.</p>	<p>(i) A decision will be taken as per circumstances of individual cases.</p> <p>(ii) If deviated nasal Septum is present with Symptoms— ‘Temporarily Unfit’.</p>	<p>(i) A decision will be taken as per circumstances of individual cases.</p> <p>(ii) If deviated nasal Septum is present with Symptoms— ‘Temporarily Unfit’.</p>
<p>7. Chronic Inflammatory conditions of tonsils and/or Larynx.</p>	<p>(i) Chronic Inflammatory conditions of tonsils and/or Larynx—‘Fit’.</p> <p>(ii) Hoarseness of voice of severe degree if present then ‘Temporarily unfit’.</p>	<p>(i) Chronic Inflammatory conditions of tonsils and/or Larynx—‘Fit’.</p> <p>(ii) Hoarseness of voice of severe degree if present then ‘Temporarily unfit’.</p>

8. Benign or locally malignant tumours of the E.N.T.	(i) Benign tumours— 'Temporarily unfit'. (ii) Malignant Tumour— 'unfit'.	(i) Benign tumours— 'Temporarily unfit'. (ii) Malignant Tumour— 'unfit'.
9. Otosclerosis	If the hearing is within 30 Decibels after operation or with the help of hearing aid—'Fit'.	If the hearing is within 30 Decibels after operation or with the help of hearing aid—'Fit'.
10. Congenital defects of ear, nose or throat.	(i) If not interfering with functions—'Fit'. (ii) Stuttering of severe degree —'Unfit'.	If not interfering with functions—'Fit'.
11. Nasal/Poly	'Temporarily Unfit'.	'Temporarily Unfit'.

- (b) that his/her speech is without impediment;
- (c) that his/her teeth
- (d) that he/she does not suffer from any inveterate skin disease;
- (e) that there is no congenital malformation or defect;
- (f) that he/she does not bear traces of acute or chronic disease pointing to an impaired constitution;
- (g) that he/she bears marks of efficient vaccination; and
- (h) that he/she is free from communicable disease.
- (i) that he/she does not suffer from any inveterate skin disease.
- (j) that there is no congenital malformation or defect.
- (k) that he/she does not bear traces of acute or chronic disease pointing to an impaired constitution.
- (l) that he/she bears marks of efficient vaccination; and
- (m) that he/she is free from communicable disease.

11. Radiographic examination of the chest should be done as a routine in all cases for detecting any abnormality of the heart and lungs, which may not be apparent by ordinary physical examination in respect of such candidates who are declared finally successful in Combined Medical Services Examination.

The decision of the Chairman of the Central Standing Medical Board (conducting the medical examination of the candidate concerned) about the fitness of the candidate shall be final.

In case of doubt regarding health of a candidate, the Chairman of the Medical Board may consult a suitable Hospital Specialist to decide the issue of fitness or unfitness of the candidate for Government Service e.g. if a candidate is suspected to be suffering from any mental defect or aberration, the Chairman of the Board may consult a Hospital Psychiatrist/Psychologist, etc.

When any defect is found it must be noted in the certificate and the medical examiner should state his/her opinion whether or not it is likely to interfere with the efficient performance of the duties, which will be required of the candidate.

12. The candidates filling an appeal against the decision of the Medical Board have to deposit an appeal fee of Rs.100.00 in such manner as may be prescribed by the Government of India in this behalf. Appeals should be submitted within 21 days of the date of the communication in which the decision of the Medical Board is communicated to the candidates; otherwise request for second Medical Examination by an Appellate Medical Board will not be entertained. The Medical Examination by the Appellate Medical Board would be arranged at New Delhi only and no traveling allowance or daily allowance will be admissible for the journeys performed in connection with the Medical Examination.

Shakuntala D. Gamlin